# FALL 2022



10-40

AT THE UNIVERSITY OF MIAMI

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# FROM THE DIRECTOR'S DESK



Welcome to OLLI's Fall 2022 term! We hope all of you had a very enjoyable summer.

This Fall, in addition to our regular courses on world affairs, art appreciation, music, learning computers/ new technology, learning a new language and keeping the mind and body fit, we are excited to offer many NEW classes. Join us for one of several film courses, examine current public policy, and see what's on the ballot in Florida this November. Take a class on Classical Arabic literature or a class on Spanish Literature, taught entirely in Spanish. In addition to our Pencil Drawing, Acrylic Painting, and Zendoodling classes, we are offering a class where

you will learn the history of street art and explore your inner Wynwood artist. Finally, if you have been wanting to "get organized," we've got you covered. We are offering two classes: Organize for the Unexpected and How to Tidy Up and Get Things Done.

Teaching our new classes are a number of NEW instructors who we know you will find to be wonderful additions to our already stellar group of instructors here at OLLI@UM. We hope that as you review our Fall catalog, your biggest problem will be how to find time to take all of the classes that interest you!

We are very excited to offer many of our courses via Hybrid (in-person and via Zoom). We hope that whether you want to come in-person to Lau Founders Hall, or continue to take your classes via Zoom, you will find the class for you.

The wearing of masks in indoor spaces on the Coral Gables campus continues to be optional. We invite those of you who feel more comfortable wearing a mask to continue to do so while inside Lau Founders Hall and during all classes.

We strive to provide our members with the best possible learning experience. Now, let's get ready to continue to stay curious, stay connected and keep learning...

Michelle Alvarez Executive Director, OLLI at UM

## ABOUT OLLI AT UM

For over 35 years, the Osher Lifelong Learning Institute at the University of Miami (OLLI at UM) has been providing courses and social activities for its members. Our mission, as part of the University of Miami, is to provide adults aged 50 and over with intellectual stimulation, social interaction, service opportunities, and outreach to the University and the greater community. Situated within the University's Division of Continuing and International Education, OLLI at UM welcomes all members of the community who consider learning an integral part of life. Membership is open to all those who wish to continue their pursuit of learning. The Institute's programs are designed to accommodate a relaxed learning atmosphere; thus, making it easy for anyone who may have been away from a formal learning environment for many years.

Classes included in this catalog are offered with no tests and, in most cases, no homework. They are designed to spark your curiosity, encourage your participation, and fit a flexible schedule.

# **LOCATION**

Osher Life Long Learning Institute Lau Founders Hall 1550 Brescia Avenue Coral Gables, FL 33146 (Between Red Road and San Amaro Drive)

## **BENEFITS OF MEMBERSHIP**

OLLI at UM's annual membership fee is **\$55** and is payable once every academic year (all memberships expire July 31). The membership fee is **NOT** refundable. Membership in OLLI at UM has many benefits:

- Eligibility to register and enroll in our OLLI at UM courses (tuition fees required).
- Ability to audit University classes (additional fee required).
- Access to the University Library System with borrowing privileges at the Richter Library on the Coral Gables campus (\$250 value)
- FREE general admission to the Lowe Art Museum (\$60 value)
- Eligibility to participate in FREE Shared Interest Groups (SIGs/clubs)
- Invitations to University special events and speaker presentations
- FREE Invitations to the OLLI Speaker Series throughout the year
- Contact with a lively and stimulating group of fellow lifelong learners

# PARTICIPATION AND VOLUNTEER COMMITMENT

Share your skills and knowledge! Members are encouraged to make a volunteer commitment to the program and its ongoing development. Join us in one or more of the following ways:

- Teaching or co-teaching a course
- Serving as a leader or facilitator of a Shared Interest Group
- Serving as a virtual Class Assistant or Greeter
- Participating in the Advisory Council and/or one or more committees:
  - o Curriculum
  - o Membership and Recruitment
  - Social Events
  - o Development
  - $\circ$  Volunteer
  - Elections
  - o By-laws
  - Speaker Series

# **OLLI AT UM REGISTRATION INFORMATION**

Registration information is available in the latest edition of the OLLI News & Notes and on the website at: <u>olli.dcie.miami.edu</u>. Online registration is encouraged.

Should you need assistance, please call 305-284-6554 from 9 a.m. - 4:00 p.m. and an OLLI staff member will assist you with your registration.

All class information (times, days, and course descriptions) is contained in this catalog and is also available on our website.

# **CANCELLATION AND REFUND POLICY**

The University reserves the right to cancel or reschedule any program with insufficient enrollment or for reasons beyond our control. In such cases, a full refund of fees will be issued. While we will expedite your refund request, please allow a minimum of 45 days for processing.

The OLLI at UM membership fee is non-refundable.

• If a class is canceled for any reason, we will notify you via email.

- Course tuition will not be refunded unless the refund request is received, VIA EMAIL, no later than the close of business (by 5:00 p.m.) on the Friday of the first week of class.
- Fees paid cannot be transferred or pro-rated.

# DROP & ADD A COURSE

- All requests for drop/adds must be IN WRITING via an email sent to: osher@miami.edu.
- All drop/add requests must be received no later than the close of business (by 5 p.m.) on the Friday of the first week of class.

# AUDITING UNDERGRADUATE COURSES

Auditing UM undergraduate courses is a benefit granted by the University of Miami. An auditor is a person who enrolls as an <u>observer or listener only</u>. The professor will indicate if s/he wants to include the member in the classroom discussions.

Program Guidelines:

- Auditing is for lecture classes ONLY, on a space available basis and approved by the faculty member and OLLI. "Lecture type" classes are those in which students can observe the delivered lecture of material by the professor.
- Auditing is for a maximum of 3 UNDERGRADUATE courses.
- Auditing is permitted during fall and spring sessions ONLY, not summer.
- Auditing is NOT permitted in language, laboratory, creative writing, seminars, performance courses or in graduate programs (law or medical school)
- You will be notified, via email, when you have received permission to audit the classes you requested.

You must complete and submit an Audit Request Form available on our website: <u>olli.dcie.miami.edu</u>.

All requests to audit must come through the OLLI office through the online request form and be approved by the OLLI Director.

Audit request forms should be submitted no earlier than ONE MONTH prior to the start of the class being audited. No audit request forms received 7 business days prior to the beginning of class will be accepted.

OLLI members cannot attend a class without having received written permission from the instructor and clearance from the OLLI Director.

# **OLLI AT UM 50% TUITION SCHOLARSHIPS**

OLLI at UM wants to ensure that everyone in the community has access to our program. Through the generous support of our members, a limited number of partial tuition scholarships are available to current, active OLLI at UM members. Awards are based on financial need and are reviewed on an ongoing basis. These scholarships are applicable only to courses or lectures offered by OLLI at UM and cover 50% of the tuition. Only two classes, per session, per person, for a maximum of six classes for the year, are eligible for a scholarship. Scholarships are NOT applicable for OLLI membership fees, summer courses, field trips/social activities, or for auditing UM classes. Drop/adds are not permitted on scholarships.

Please send an email to **osher@miami.edu** with your scholarship request. Please include your contact information. All information on your application is kept confidential and awards will not be publicly announced. Please contact the OLLI office for more information at 305-284-6554.

To donate to our OLLI at UM Scholarship Fund, see the information contained in this catalog entitled <u>Give to OLLI at UM</u>.

# **ACTIVITIES AT OLLI AT UM**

The Osher Lifelong Learning Institute at the University of Miami offers a variety of social activities to the community of lifelong learners! Beyond our intellectually stimulating programming, we are pleased to include events and meet-ups that encourage social connectedness for our members. You will receive periodic emails with our OLLI News & Notes listing upcoming special speakers and events.

## SHARED INTEREST GROUPS (SIGS/CLUBS)

- OLLI Shared Interest Groups (SIGs/clubs) are organized and operated by OLLI member facilitators.
- SIGs meet from 12 noon -12:50 p.m. (50 minutes).
- *Registration is required.*
- Groups are free with your OLLI membership.
- If you have an idea for a Shared Interest Group that you would like to facilitate, please contact the OLLI Director.

#### All (SIGS/clubs) are currently conducted via Zoom and include:

### • Current Events

Would you like to discuss current events within a small group? Do you share the same passions as other OLLI members on certain national and/or global topics? Join us. OLLI member - Haim Karp - leads this group.

## • In the News

A discussion group focused on what is "in the news" each week. OLLI members-Janet Krutchik and Leslie Gross- lead this group.

## • OLLI Book Club

A committed group whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read. OLLI member- Susan King- leads this group.

## • Monday Morning Quarterback

Join other OLLI members who have an interest in sports. OLLI member-Arthur Young- leads this group.

## • As the "Book" Pages Turn

Join other OLLI members who like to read and engage in a lively discussion about a book chosen to read and when possible, meet the author. OLLI member- Susan Rosenthal- leads this group.

# **ACCOMMODATIONS POLICY**

OLLI at UM provides reasonable accommodations in its programs in accordance with the Americans with Disabilities Act of 1990. To request disability accommodations, you must contact the OLLI at UM office at 305-284-6554 as soon as you register and at least two weeks before classes begin.

# **INCLEMENT WEATHER AND UNIVERSITY CLOSURES**

OLLI operates only when the University of Miami is open. If the University is closed due to a holiday, inclement weather or any emergency situation, OLLI at UM is closed as well. Please check your local TV and radio stations for information or call the *University of Miami's Hurricane Hotline: 305-284-5151*.

# TRANSPORTATION OPTIONS TO OLLI AT UM

The University of Miami Parking and Transportation department is responsible for parking and transportation policies for UM. UM would like to facilitate your visit to our beautiful campus. Please familiarize yourself with parking and mobility options.

## **METRORAIL/METROBUS**:

Our campus has a Metrorail station which makes it convenient for members to get to the campus. From the University Metrorail Station, you are able to catch a university shuttle or MetroBus to get you close to Lau Founders Hall offices. From the Metrorail station, take bus 56 south to San Amaro Drive, which is a 3-minute walk to our offices.

# CAMPUS PARKING OPTIONS:

Parking on the University of Miami campus in UM lots is extremely limited. All vehicle owners parking on the University of Miami campus must be assigned a UM parking permit for the **GRAY ZONE**, purchase parking using the *Pay by Phone App* on his/her iPhone or Android device or purchase parking at the pay station(s) located on UM lots.

OLLI members may purchase a discounted **GRAY ZONE** parking permit from UM Parking and Transportation Services located at 5807 Ponce de Leon Blvd., McKnight Building, Suite 100, Coral Gables. There is a cost for the full year, and prices are prorated weekly. Permits expire on August 15 each year. <u>The parking permit does NOT guarantee</u> <u>you will find a parking space.</u> You must be an active OLLI member and have a valid vehicle registration to purchase a permit. *Call the UM Parking Department at 305-284-3096 or go to their website at* www.miami.edu/parking for more details.

# **MULTI-MODAL LEARNING**

All classes at OLLI at UM are taught In-person only, Zoom/online only or hybrid (**both** in-person and via Zoom/online). To pick the Zoom version of a Hybrid class chose the class with a "z" after the course number. Example, OSH 686 Z4. Modalities are subject to change depending on enrollment and instructor preference.

# **CLASSROOM POLICIES AND PROCEDURES**

## **PHONES**

All phones are required **TO BE TURNED OFF OR SET TO VIBRATE** when classes are in session. *If you must answer a call during class, PLEASE EXIT THE CLASSROOM.* 

# **GUEST POLICY**

Bringing guests to class is a great way to introduce OLLI to a potential student, and you are encouraged to do so. Guest passes are available at the front desk. Please inform the OLLI office at least 48 hours **in advance** to ensure that there is space available in the class. Each guest must register with the front desk. Guests are limited to one complimentary visit <u>where space is available</u>. Guests are not permitted in sold out or full classes. Children under the age of 15 are not permitted to attend.

## SMOKING, DRINKING, AND EATING

UM is a smoke-free campus and smoking is not allowed inside OLLI facilities, on the patio, outside entrances/exits, or anywhere on the UM campus. UM defines smoking as "inhaling, exhaling, burning, or carrying any lighted cigarette or electronic cigarette, cigar, pipe, or other such device which contains tobacco or smoke-producing products."

Drinking alcoholic beverages is PROHIBITED at OLLI at UM. This is for the safety of our members.

While OLLI at UM encourages community celebrations and social activities, we also want to keep OLLI clean and pest free. With the exception of special events open to all OLLI members, eating is limited to the café/kitchen area. Eating in the classrooms is prohibited. Feel free to bring a beverage in a mug with a lid to keep OLLI clean and green.

# **OLLI AT UM CODE OF CONDUCT**

- OLLI at UM expects all members to be respectful of the thoughts and opinions of others expressed in the classroom.
- All members are encouraged to participate in the discussions and to express opinions freely in a way that respects others in the class.
- Members should conduct themselves responsibly and respectfully at all times.

• In the event of disruptive behavior, OLLI at UM reserves the right to terminate a member's participation in the class without refund.

# **BEST ZOOM PRACTICES**

- Find a place with good internet or cellular service and little to no background noise. If you are in a public place, it is recommended that you use a set of headphones with a built-in microphone.
- Eliminate distractions. Make it less likely that anything will interrupt your meeting.
  - **MUTE your microphone.** This decreases background noise.
  - Close any unnecessary programs on the device you will be using to join the class/meeting.
  - Turn off or silence other devices.
  - Get everything ready beforehand. Get your coffee, water, etc.
  - If the instructor/host sent out any content ahead of time, have it open and ready to view.
  - **Be on time**. If possible, join the meeting 5 minutes early using your desired method. Due to privacy issues and hacking, some instructors are closing the meetings shortly after starting. This will NOT allow you to get in after the class starts. Please be on time.
  - **Tip: Connect video**. This gives the class/meeting a more personal feel.

# **COVID-19 GUIDELINES**

Even though the wearing of masks in indoor spaces on the Coral Gables campus is now optional, masks are helpful in preventing infection and will continue to be needed in certain circumstances.

The members of OLLI at UM fall under "those who are at high risk for severe illness." We invite those of you who feel more comfortable wearing a mask to continue to do so while inside Lau Founders Hall and during all classes.

We will continue to keep you advised of all developments and thank you for your patience and understanding as we strive to keep our OLLI membership, instructors, and staff safe.

## GIVE TO OLLI AT UM

OLLI at UM has received a generous endowment from the Bernard Osher Foundation. The investment income from the endowment, class tuition, annual membership fees, and donations from our members help sustain OLLI at UM and ensure that our classes are of the highest quality and accessible to a large population of people age 50 and over in our community. We are committed to the continuous improvement and enhancement of your experience at OLLI at UM, but we need your help. Through your donations, we can make improvements to our program. Donations also allow us to offer OLLI scholarships, which make our already reasonably priced classes even more accessible to those in need of assistance.

To donate online, please go to our website and complete our secure electronic donation form at **olli.dcie.miami.edu**.

To donate by mail, make your check out to *University of Miami* and write either *OLLI* at UM or *OLLI at UM Scholarship* on the memo line. Send your donation checks to:

UNIVERSITY OF MIAMI – ADVANCEMENT DIVISION P.O. BOX 248073 CORAL GABLES, FL 33124

# FALL 1 CLASSES

# August 29 – October 10, 2022

# Register online at olli.dcie.miami.edu

#### Mondays: Classes begin on August 29, 2022

#### Basic Computer Skills for Windows 10 Hybrid

With Ms. Joan Nurse Mondays, 10-11:45 a.m. \$90

Course Description: Do you need to learn the basics of how to use your computer? Are you tired of being frustrated by your lack of basic knowledge when it comes to computer use? Then, this is the class for you. Learn to use your computer by getting familiar with its operating system, Windows 10 (we can update your system to Windows 11 if you would like). Learn the tips and tricks of how to navigate in the computer world. Don't get left behind!

Weeks	Topics
Week 1	Windows 10: Getting started.
Week 2	Learn the various features available in Windows 10.
Week 3	Tips on how to manage multiple windows at the same time.
Week 4	Learn how to personalize your start menu and your desktop.
Week 5	Streamline documents and learn to use and control your One Drive Cloud.
Week 6	Recap/review.

#### So, What's On the Ballot? Hybrid

With Dr. Nancy Lawther Monday's, 10-11:45 a.m. \$80

Course Description: The November 2022 General Election promises to be one of the most important in recent history with the future direction of the state and the nation on the line, and the Miami-Dade County Commission due for reset thanks to term limits. We will explore national, state, and local races and ballot initiatives in the context of debate on the crucial issues of our time.

Weeks	Topics
Week 1	Overview; discussion of available voter resources; election calendar; changes
	to voting laws.
Week 2	U.S. Senate race; Congressional races in Miami-Dade.
Week 3	State legislative and judicial races in Miami-Dade.
Week 4	County Commission, Community Council, and local judicial races in Miami-
	Dade.
Week 5	Municipal races.
Week 6	Ballot initiatives; Constitutional amendments.

#### Investments Zoom Only

With Dr. Ed Harper & Mr. Haim Karp Mondays, 10-11:45 a.m.

\$55

Course Description: This is your chance to discuss investment topics with fellow OLLI members who have some experience and knowledge in this area. Each week's discussion revolves around a topic related to investments. Invited guest speakers will address the class during the six weeks.

#### Beyond Wynwood... In-Person Only

With Ms. Janie Reisler Mondays, 10-11:45 a.m. \$125

Course Description: In this class, you will learn the history of street art. We will discuss some of the world's greatest artists working in the graffiti and street art genre, many of whom display their art in the unique outdoor destination in Wynwood, a neighborhood in Miami, our own backyard. You will explore your inner artist as you create your own version of street art, with the guidance and assistance of your instructor.

Weeks	Topics
Week 1	Explore the history of Street Art, Mixed Media and discuss famous street artists and their unique styles. You will be provided with an 18 by 24-inch pressed piece of wood and will begin to prepare your respective project and discuss your themes.
Week 2	Begin the project by arranging the items chosen and choosing coloration. Learn about perspective. Continue learning about history and more artists.
Week 3	"Hands on" project building and building the Theme! Individualized instruction; Visit to Museum of Grafitti in Wynwood. Entrance Fee: \$12 for seniors.

Week 4	Continue to work on project. Individualized instruction and critique.
	Continued lecture on history and discussion of new art styles- Introduction to
	NFTs – The future of art!
Week 5	Continued critique and individualized instruction.
Week 6	Lesson on how to varnish – what choices to make. Recap and critique.

#### Tai Chi/Qigong Zoom Only

With Ms. Grisell Gonzalez

#### Mondays, 12:30 - 1:30 p.m.

#### \$80

Course description: Tai Chi is a gentle and graceful movement class based on concepts originating in ancient China and is one of the most effective exercises for the health of the mind and body. The ultimate purpose of Tai Chi is to cultivate the qi or life energy within us to flow smoothly and powerfully throughout the body. Tai Chi improves balance and prevents falls.

Qigong came before Tai Chi and is a practice of cultivating vital life-force through various techniques, including breathing techniques, posture and fluid movements. The instructor spends approximately 30 min of the class practicing Qigong & approximately 30 min practicing Tai Chi. Studies show that these practices aid with stress reduction, chronic pain, arthritis, diabetes, osteoporosis, and more. Students are encouraged to wear loose comfortable clothing.

#### SIG: OLLI Book Club Zoom Only

With Ms. Susan King Mondays, 12-12:50 p.m.

## Free for OLLI members

Course Description: OLLI Book Club is a member-driven discussion group. It is a committed group of members whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read.

Book Selection: *The Love Songs of W.E.B Du Bois* by Honorée Fanonne Jeffers. Only one book because it is 800 pages long.

Public Policy in the Time of Crisis, Pt 1HybridWith Dr. Cynthia HalpernMondays, 1-2:45 p.m.\$80

Course Description: In this course, we will discuss justice and the war in Ukraine. We will examine the major social issues in conflict in the extreme partisan division of the country, abortion, gay marriage, racial equality, free speech, and religious liberty.

Weeks	Topics
Week 1	Laws of War in a Time of War: The War in Ukraine.
Week 2	The Right of Privacy, Under siege: Abortion, Contraception, and Gay
	Marriage.
Week 3	Human Rights Under Attack: Voting, Free Speech, Women's Healthcare.
Week 4	Healthcare in the Pandemic: COVID, Freedom and Public Health.
Week 5	Equality and Liberty in Conflict: Affirmative Action, Religion, Free Speech
	and The Market.
Week 6	The Public good and the Market Economics, Healthcare, Global Warming &
	Money.

## Basic Computer Skills for Apple Devices Hybrid

With Ms. Joan Nurse Mondays, 1-2:45 p.m. \$90

Course Description: Conquer your fears when it comes to learning how to use your Apple Devices: iPad, iPhone, iMac, and MacBook Air.

Weeks	Topics
Week 1	Overall view of your device's operating system problem solving.
Week 2	Connect your devices Demystify iCloud and manage your documents.
Week 3	Create picture folders and albums on your MacBook Air and iPhone.
Week 4	Learn email tips and tricks Eliminate old mail and create folders for them.
Week 5	Find your deleted emails and text messages.
Week 6	Review.

# Swingin' On a Star: The Big Bands Zoom Only

With Mr. Brian Murphy

Mondays, 1-2:45 p.m.

\$80

Course Description: In this class, we will focus on the Big Bands with particular attention on the greatest and most popular ensembles from the 1920s to the present. A big band is a type of musical ensemble associated with playing jazz music and which became popular during the Swing/Big Band (early 1930s until the late 1940s).

Weeks Topics

Week 1	Fletcher Henderson Orchestra (1922-1934), Earl Hines Orchestra (1928-1948), and Jimmie Lunceford (1929-1949).
Week 2	Duke Ellington (1923-1996), Chick Webb (1931-1938), and Count Basie (1935- present).
Week 3	Benny Goodman Orchestra (1929-1960s), and Artie Shaw (1930s – 1941).
Week 4	Harry James (1939-1983), Tommy and Jimmy Dorsey (1930s thru 1950s), and Glenn Miller (1938-present).
Week 5	Cab Calloway (1930-present), Billy Eckstine (1944-1947), and Dizzy Gillespie (1945-1948).
Week 6	Les Brown (1938-2001), Woody Herman (1936-present), and Maynard Ferguson (1957-2006).

#### Freestyle Yoga Zoom Only

With Ms. Nina Ramos

#### Mondays, 3-4 p.m.

#### \$80

Course Description: This is an introduction to yoga with an emphasis on the postural foundation and alignment of the body. It is the perfect one-hour class for the novice. **Note:** The student must be able to use a yoga mat and get up and down from the floor.

#### From Titanic to Dune Zoom Only

With Mr. Emanuel Abramovits Mondays, 3-4:45 p.m. \$80

Course Description: In this class, we will explore the "Why" of film music and the philosophies that dictate its use today. We will understand the process, the show-biz aspects and the significance of film composing. Through anecdotes, stories and superb audiovisuals, we'll enjoy the music of Danny Elfman (Edward Scissorhands), Justin Hurwitz (La La Land), this year's Oscar winner, Hans Zimmer, (Dune) and many more.

Weeks	Topics
Week 1	Michael Nyman (The Piano), Howard Shore (Lord of the Rings), Stephen
	Schwartz (The Prince of Egypt), and Alan Menken (Aladdin).
Week 2	Michael Kamen (Lethal Weapon), James Newton Howard (The Prince of
	Tides), and James Horner (Titanic).
Week 3	Danny Elfman (Edward Scissorhands), David Newman (Ice Age), and Trevor
	Rabin (Armageddon).
Week 4	Elliot Goldenthal (Frida), Thomas Newman (American Beauty), and Hans
	Zimmer (Dunkirk).

Week 5	Marc Shaiman (When Harry Met Sally), Rachel Portman (Chocolat), and
	Billy Goldenberg (Play it Again, Sam).
Week 6	Jonny Greenwood (The Power of the Dog), Justin Hurwitz (La La Land),
	Nicholas Britell (Don't Look UP), and Mica Levy (Under the Skin).

#### **Organize for the Unexpected**

With Ms. Jamie Novak

Mondays, 3-4:45 p.m.

\$80

Course Description: In the event of an emergency, are you ready to leave your home in one hour? Does someone else know where your important papers are filed? In this class, you will learn the tools to get the peace of mind that comes with getting the important stuff in order by compiling a GO Binder. All you need is a three ring binder.

Weeks	Topics
Week 1	Overview of the Go Binder and the ER kit to keep at home.
Week 2	Tabs 1 & 2 of the Go Binder.
Week 3	Tabs 3 & 4 of the Go Binder.
Week 4	Tabs 5 & 6 of the Go Binder.
Week 5	Tabs 7 & 8 of the Go Binder.
Week 6	Tab 9 and a recap of all tabs.

**Tuesdays: Classes begin on August 30, 2022** 

#### Western Art, Masters and Masterpieces Hybrid

With Mr. Armando Droulers Tuesdays, 10-11:45 a.m.

\$80

Course Description: In this course, we will trace the evolution of the fine arts in Western culture by discovering the relationship between stylistic developments. We will concentrate on various artistic periods, covering not only the art but the artists, their influences and their social, political and economic backgrounds. With many artists today consistently infusing art historical references into contemporary works, understanding the significance of each period provides a means by which we can understand our present and the broader historical and intellectual context in which the visual arts emerged.

#### Basic iPhone Skills In-Person Only

With Ms. Josie Zomerfeld

Tuesdays, 10-11:45 a.m. \$80

Course Description: In this course, you will learn to use your iPhone. You will learn to use apps that are installed on all Apple devices, including the clock, phone, weather, contacts, and camera. You will learn how to use the apps, on a basic level, so that you can communicate and have fun with your phone. You will learn to appreciate that iPhones are computers as well as phones. **Note:** An iPhone model 6 or better is recommended. The class is limited to 10 people.

#### Writer's Workshop Hybrid

With Ms. Jeannie DeQuine Tuesdays, 10-11:45 a.m. \$80

Course Description: This workshop highlights personal writing. It offers peer review, constructive criticism, and an opportunity to read one's work aloud in a supportive communal setting. It has been shown that some writers learn more from critiquing and carefully listening to others' critiques than in a formal class setting. The teacher and class members may make suggestions regarding common writing issues including confronting writer's block; constructing an arc of a short story, novel, or memoir; bringing characters to life; and editing one's own work.

Recommended Text: *Creative Writer's Handbook*, 3<sup>rd</sup> edition, by Jason and Lefcowitz, which can be purchased online for approximately \$4.

#### International Action In-Person Only

With Mr. Alan Dietz Tuesdays, 10-11:45 a.m. \$80

Course Description: International Action is a discussion group dealing with explaining upto-the minute international affairs, politics, and intrigue in the major action centers of the world, with emphasis on Europe, China, India, Russia, Japan, Latin America, and, of course, the smoldering Middle East. Class participation is encouraged.

Zendoodle – Pattern Work for Meditation and Fun! Zoom Only With Ms. Margie Bauer Mondays, 10-11:45 a.m. \$80 Course Description: In this course, you will learn to draw simple patterns and create beautiful works of art that will allow you to meditate. Perhaps you already doodle while on the phone or in a Zoom meeting. You will learn, with a pen and paper, how to compose a design and bring it to life. No meditation or art experience is necessary.

**Materials Needed:** Three different sizes of permanent felt tipped markers (\$9), such as Micron; One very light gray marker for shading (\$3) such as Tombow, or Copic (we will discuss in class); One white gelly roll marker and black sheet of paper (we will discuss in class); 9"x12" Vellum Bristol pad of paper (\$5), 100 lb. Blick or other brand; Light colored cloth mask for applying your Zendoodle designs (\$10), optional; Set of permanent markers for adding color. (We will discuss in class before purchasing.)

#### SIG: In the News Zoom Only

With Mr. Leslie Gross and Ms. Janet Krutchik

Tuesdays, 12-12:50 p.m.

#### Free for OLLI members

Course description: Discussion group focused on what's - "in the news" - each week. Bring your open-mindedness and civil discourse to this OLLI member Shared Interest Group.

#### Women in Art Hybrid

With Dr. Batia Cohen Tuesdays, 1-2:45 p.m. \$80

Course Description: Until now, women have been relegated to a footnote or a simple phrase in the history of art. Usually their art is valued at a lesser price than their male contemporaries. It is time to give them their right place and importance! Join us as we examine the women in art. Note: *The first 2 classes will be via Zoom only*.

Weeks	Topics
Week 1	Artemisia Gentileschi and the Baroque.
Week 2	Gabriele Munter and the Theory of Color.
Week 3	Georgia O'Keeffe, Nature and the Sublime.
Week 4	The Surrealism of Leonora Carrington.
Week 5	Frida Kahlo, An autobiographical work.
Week 6	Marisol and Pop Art in New York.

#### Introduction to Pencil Drawing and Sketching In-Person Only

With Ms. Anita Klimek Tuesdays, 1-2:45 p.m. \$125

Course Description: The objective of this class is to teach you how to draw! You will start with a simple drawing and move onto more difficult subjects, such as bottles, bowls, animals, and people. You will learn how to use shadows and highlights. Should you desire to continue to the next class, we will work in different mediums: charcoal, colored pencils, pastels, ink, wash, etc. You don't need to be Rembrandt or Picasso to create your masterpiece!

#### Italian Basic, Pt. A Zoom Only

With Ms. Simona Bai Tuesdays, 1-2:45 p.m. \$80 Course Description: You

Course Description: Your Italian journey begins here! This course is for students with no knowledge of Italian. You will learn Italian language sounds, basic grammar, greetings, numbers and much more.

Required Text: Sentieri, 1st edition, by Julia Cozzarelli, Cost: \$40-45.

#### The Best of World Cinema Zoom Only

With Phyllis Levy Tuesdays, 1-2:45 p.m. \$80 Course Description: Each week the class will view (on their own) and discuss (in class) two films from a different country.

**Note:** Students will need to **rent films on Amazon Prime.** The film prices range from \$1.99-\$3.99. The final program is on Netflix. If you don't already have a subscription, it is available on a trial basis for a small fee.

Weeks	Topics
Week 1	Denmark: After the Wedding, 2007 - The manager of an orphanage in India
	is sent to Copenhagen, Denmark, where he discovers a life-altering family
	secret); The Hunt, 2013 - A kindly kindergarten teacher's life is brutally
	shattered by an innocent little lie.
Week 2	German Democratic Republic (East Germany): The Lives of Others, 2007 -
	In 1984, East Berlin, an agent of the secret police, conducting surveillance
	on a writer and his lover, finds himself becoming increasingly absorbed by
	their lives; Good Bye Lenin!, 2004 - In 1990, to protect his fragile mother

r	
	from a fatal shock after a long coma, a young man must keep her from
	learning that her beloved nation of East Germany, as she knew it, has
	disappeared.
Week 3	China: The Road Home, 2001 - Prompted by the death of his father and the
	grief of his mother, a man recalls the story of how they met in flashback;
	Not One Less, 2000 - Set in the People's Republic of China during the
	1990's, a young substitute teacher's determination to lose not one pupil may
	be the school's salvation.
Week 4	Belgium: Two Days, One Night, 2014 - A factory worker has only one
	weekend to convince her co-workers to give up their bonuses so that she
	may keep her job; L'enfant, 2005 - A young couple living off her benefits
	and the thefts committed by his gang, have a new source of money: their
	newborn son.
Week 5	India: Water, 2005 - An 8-year-old in colonial India is sent to a widow's
	home where she affects the lives of the other residents; The Lunchbox,
	2014 - A young housewife and an older man build a fantasy world together
	through a mistaken delivery in Mumbai's famously efficient lunchbox
	delivery system.
Week 6	Israel: Bottle in the Gaza Sea, 2011 - A young teenage Israeli girl and a
	Palestinian boy connect through a message found in a bottle; <i>The Other</i>
	Son, 2012 - Two young men, one Israeli and one Palestinian, discover
	they were accidently switched at birth.
	they were decidently switched at onth.

## Philosophy of Nature Zoom Only

With Dr. Daniel Vitaglione Tuesdays, 3-4:45 p.m. \$80

Course Description: In this class, we will look at how the fascinating, recent discoveries of botanists lead us to reconsider our concept of nature. We will trace the evolution of this concept over time in the West from the ancient Greeks to the present and compare it to that of non-western cultures.

Weeks	Topics
Week 1	Nature in Ancient Greece.
Week 2	Nature and Christianity.
Week 3	Bacon, Montaigne and Descartes' mechanistic approach.
Week 4	Nature as understood by the 18th century thinkers; Diderot, Voltaire,
	d'Holbach, Rousseau and Sade.
Week 5	Jean-Baptiste Lamarck's Philosophie Zoologique (1809) and Charles
	Darwin's Evolution of the Species (1859).

Week 6	Do plants communicate? Do they feel? Examine the claims of botanists:
	Stefano Mancuso, Peter Wohlleben, Suzanne Simard, and Monica
	Galiano.

#### Chair Yoga *Zoom Only* With Ms. Nina Ramos **Tuesdays, 3-4 p.m.**

#### \$50

Course Description: Also known as seated yoga, *Chair Yoga* is ideal for the desk-bound, travelers, golfers, and those who are in rehabilitation or physically challenged. *Chair Yoga* will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do <u>not</u> need to stand up to reap the benefits of yoga. This unique program is offered in one-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

#### Italian Intermediate and Advanced Conversation & Grammar Zoom Only

With Ms. Simona Bai Tuesdays, 3-4:45 p.m.

\$80

Course Description: This course is designed for students who have already attended all levels of Italian grammar or for those who are able to use all tenses properly and feel fluent in the language talking about different topics. The course is taught entirely in Italian and is structured in different sections: speaking, writing and improving your vocabulary.

Required text: Sentieri, 1st edition by Julia M. Cozzarelli, Cost: \$40-45.

Wednesdays: Classes begin on August 31, 2022

Nature & Nurture Zoom Only With Dr. Peter Luykx Wednesdays, 10-11:45 a.m. \$80

Course Description: This course will begin with a brief historical overview of the naturenurture debate, and then describe what scientific studies have revealed from studies of inheritance, embryological development, twin studies, and other sources. Topics will include the relative roles of genes and environmental factors in evolution, human cultures, within-family variation in personality, IQ, and other human traits.

Weeks	Topics
Week 1	Historical overview of the nature-nurture debate; traits determined by gene
	variation, and environmental variation in animals and plants.
Week 2	Role of the environment in physiological and genetic adaptations; genetics
	vs. culture.
Week 3	Twin studies, theory and observations; heritability scores; IQ, personality
	and other kinds of human variation.
Week 4	The role of the environment in evolutionary adaptations, and formation of
	species.
Week 5	How genes are inherited and how they are used; Epigenetics over the
	lifespan and over generations.
Week 6	The role of genes and the environment in embryonic and fetal
	development; Sex determination in biology.

#### Apple Watch Hybrid

With Ms. Joan Nurse Wednesdays, 10-11:45 a.m. \$90

Course Description: Learn to use your Apple Watch (all series ... 4, 5, 6, SE and 7). Apple Watch is a line of smartwatches produced by Apple Inc. It incorporates fitness tracking, health-oriented capabilities, and wireless telecommunication- The watch integrates with iOS and other Apple products and services. Join us as we explore all the new features and controls intended to make your life easier and, in many cases, safer.

Weeks	Topics
Week 1	Learn to use the Digital Crown, side button and gestures efficiently.
Week 2	Learn how the Apple Watch operating system relates to your other Apple
	devices and how to sync them together.
Week 3	Learn ten tips for getting the most out of your Apple Watch.
Week 4	Learn the hidden features the Apple Watch offers the user.
Week 5	Manage your digital life and stay connected to apps, social media and more
	with the latest wearables from Apple.
Week 6	Review all materials. Answer questions and provide demonstrations.

## Intermediate French Hybrid

With Ms. Alicia Menendez-King Wednesdays, 10-11:45 a.m. \$80 Course Description: This course is taught in French and provides readings about French culture and Francophone countries; discussions of French current events; exposure to well-known and lesser-known French writers and singers; and a thorough review of French grammar. This course is for students who have completed Beginner's French, Parts A-D, or students who demonstrate French proficiency at the intermediate level.

Required Texts: *Read & Think French*, 3<sup>rd</sup> Edition (Amazon) and *Complete French Grammar*, by Annie Heminway (Amazon).

## Beginning Spanish, Pt. A (Español Para Principiantes) In-Person Only

With Ms. Susan Dow Wednesday, 10-11:45 a.m. \$80

Course Description: Bienvenidos! Welcome to Spanish Basic, Pt. A. In this introductory course for beginners, you will learn the essentials to speak and write in Spanish. Basic grammar points and cultural elements will be presented, in a relaxed and fun atmosphere. Come and join us! **Note:** This class is taught in both English and Spanish.

Required Text: *Basic Spanish for Getting Along*, 2<sup>nd</sup> edition, by Ana Jarvis and Raquel Lebredo. It can be purchased online either new, used or rented through Amazon. Prices vary so you should shop around or buy a used first edition.

## Say It In Italian! Hybrid

With Dr. Magda Novelli-Pearson Wednesdays, 10-11:45 a.m. \$80

Course Description: Join us as we discuss (mostly in Italian) the customs, news, places and traditions of one of the most fascinating places in the world - Italia! **Note:** Proficiency in understanding <u>and</u> speaking Italian is recommended.

Weeks	Topics
Week 1	Italian cinema.
Week 2	Italian culinary traditions.
Week 3	Italian designers in fashion, cars, and furniture.
Week 4	Italian artists and masterpieces, Pt. 1.
Week 5	Italian artists and masterpieces, Pt. 2.
Week 6	Latest trends and news in Italy.

#### SIG: Monday Morning Quarterback (Sports) Zoom Only

With Mr. Arthur Young

Wednesdays, 12-12:50 p.m.

# Free for OLLI Members

Course Description: Discuss current events in the world of sports. The discussion will be class-driven depending on participants' interests and the news. Particular interest will be on the local teams.

#### SIG: As the "Book" Pages Turn Zoom Only

With Ms. Susan Rosenthal

Wednesdays, 12-12:50 p.m.

#### Free for OLLI Members

Course Description: This is a SIG/club where OLLI members choose a book to read and engage in a lively discussion. Whenever possible, the author will be invited to join the group to discuss his/her book.

Book Selection: *Madam Secretary: A Memoir by Madeleine Albright*. (Only one book because it is 561 pages long)

## Introduction to Social Media Hybrid

With Ms. Joan Nurse Wednesdays, 1-2:45 p.m. \$90

Course Description: Learn how to navigate in the Social Media World: Facebook, Twitter, Instagram, Pinterest, Snapchat, and others.

Weeks	Topics
Week 1	Facebook: You will learn how to connect with family and friends and other
	people you knowsharing pictures, sending messages, and getting updates.
Week 2	Twitter is a microblogging site that you use to send and receive messages
	from friends and family everyday exchanges, breaking news (sports and
	politics) Let's tweet back.
Week 3	Instagram is a social media network that helps users find information
	regarding social living and shared pictures and videos.
Week 4	Snapchat is a messaging platform that lets you communicate with friends
	and family- on your mobile app on your iPhone or Android smartphone.
	Users can send pictures or short videos, up to ten seconds long.
Week 5	Pinterest is your social media platform it allows users to visually share
	and discover new interests by posting images or videos online.
Week 6	Review all materials. Q&A.

#### Religion in American History & Culture Zoom Only

With Dr. Marsha Cohen Wednesdays, 1-2:45 p.m. \$80

Course Description: This course will explore the ways that debates over religion and its role in society have influenced and shaped American culture and politics and continue to do so. The limits of tolerance of diverse religious beliefs and practices have been a source of controversy since the founding of the United States. The first British colonists of Virginia and Massachusetts Bay sought religious freedom for themselves, but not necessarily for others. The growth of literacy brought about the growth of new Protestant sects that allowed idiosyncratic interpretation of Scripture and prioritized the dictates of conscience over the policies of hierarchical established churches. Debates over taxpayer funding of religious activity date back to the founding of the American republic.

Weeks	Topics
Week 1	16th-17th Century: From the Inquisition to the "City on a Hill." Religious
	freedom and coercion in the American Colonies. Puritan doctrines. Testing
	the limits of tolerance.
Week 2	18th Century: Religion in Colonial America. Religion and the roots of
	American exceptionalism The spread of literacy and Protestant sectarianism.
	The First Great Awakening (1740). The challenges of religious diversity.
Week 3	Late 18th-early 19th Century: Defining religious freedom in the American
	Republic. Second Great Awakening (1790). Controversies over taxpayer
	funding of religious activity. Religious sects and the slavery question.
	Religious justifications for Manifest Destiny.
Week 4	Mid-19th - early 20th century: Bible wars. Religion, race and xenophobia in
	immigration attitudes. Utopianism and progressivism and Progressivism.
	The Third Great Awakening (1850s-1920). Influence of women in religious
	movements. Temperance and taxation.
Week 5	20th Century: Social Gospel vs. Fundamentalism; Religion and immigration
	restrictions. Revivalism. Bringing God into government. Americanism faith
	vs. atheistic Communism-the Cold War and its aftermath. Prayer in schools,
	abortion as religious issues.
Week 6	Religion and American politics today.

#### Spanish Intermediate, Pt. A In-Person Only

With Ms. Susan Dow Wednesdays, 1-2:45 p.m. \$80

Course Description: This course is for students who have completed Beginning/Basic Spanish or who are comfortable using the present, present progressive and imperfect tenses of regular and irregular verbs. Some knowledge of the preterit is also helpful. This course

will review the concepts covered in Beginning/Basic Spanish and introduce students to the present, perfect, past perfect tenses, as well as, subjunctive mode. All lessons include extensive oral practice in real-life situations.

Required Text: *Basic Spanish*, 2<sup>nd</sup> edition, by Ana Jarvis, Raquel Lebredo & Francisco Mena-Ayllon. It can be purchased online through Amazon. Cost: Less than \$20.

#### Book Banning Zoom Only

With Mr. Eric Selby Wednesdays, 1-2:45 p.m. \$80

Course Description: Many of you may remember the phrase "Banned in Boston." That phrase was employed from the late 19<sup>th</sup> century through the mid-20<sup>th</sup> century, to describe a literary work, song, motion picture, or play which was prohibited from distribution or exhibition in Boston Massachusetts. Recently, the issue of book banning has been back in the news. Often, banning a book makes it more popular. We will be reading Ray Bradbury's book, *Fahrenheit 451* and John Steinbeck, *The Grapes of Wrath*. As Robert Demott wrote, *The Grapes of Wrath* is a sustained indictment about a natural world despoiled by a grievous rang of causes - natural disaster, poor land-use practices, rapacious acquisitiveness, and technological arrogance.

#### Constitutional Law Zoom Only

With Harvey Sepler, JD, PhD Wednesdays, 3-4:30 p.m. \$80

Course Description: UM Law School Professor, Harvey Sepler, Esq., takes you through some of the more memorable and controversial decisions involving the United States Constitution. This is not a political class; rather, we will discuss how courts will likely analyze various constitutional issues.

Freestyle Yoga *Zoom Only* With Ms. Nina Ramos Wednesdays, 3-4 p.m. \$80

Course Description: This class and its emphasis are on the postural foundation and alignment of the body. A perfect one hour class for the novice and anyone who would like an introduction to yoga. **Note**: The student must be able to use a yoga mat and get up and down from the floor.

## Thursdays: Classes begin on September 1, 2022

#### Growing Up in America, 1880-1980 Hybrid

With Dr. Michael Scheibach Thursdays, 10-11:45 a.m. \$80

Course Description: In this class, we will examine the progression of America's children. Join us as we trace American childhood and youth throughout our history.

Weeks	Topics
Week 1	Children at work.
Week 2	Children during The Depression and war.
Week 3	Children and race, religion, and ethnicity.
Week 4	Immigrant children.
Week 5	Child-centered consumer era.
Week 6	The rise and fall of teen and youth culture.

#### Introduction to the Humanities Hybrid

With Eugene Greco

Thursdays, 10-11:45 a.m.

\$80

Course Description: In this course, we will examine the major accomplishments of humankind in the area of art, architecture, music, dance, drama and literature. We will further examine some of the major philosophical themes and issues that tie these areas together within a historical and chronological framework, encouraging life-long aesthetic and intellectual appreciation.

Weeks	Topics
Week 1	What are the humanities?
Week 2	Paleolithic, Mesopotamia, and Ancient Egypt.
Week 3	Ancient Greece: philosophy, theatre, and pottery.
Week 4	Ancient Greece: sculpture, architecture, music, and dance.
Week 5	Ancient Rome: philosophy, literature, theater, and music.
Week 6	Ancient Rome: dance, sculpture, and architecture.

#### Beginner's French, Pt. 1 In-Person Only

With Ms. Blanca Silva Thursday, 10-11:45 a.m. \$80

Course Description: Begin at the Beginning with the French language and culture. In this course, you will learn practical French for everyday situations like ordering at a café, making reservations, getting through the airport, etc. Essential grammar is also covered.

Weeks	Topics
Week 1	Why learn French? Pronunciation and accents: The mute "e" and nasal
	vowels; Greetings, geography.
Week 2	Days of the week, Numbers from 1-20, Grammar: Pronouns and verb
	"être." Family centered vocabulary.
Week 3	Months of the year and Numbers from 21-50, Grammar: The verb "avoir,"
	and its use in idiomatic expressions and vocabulary for houses.
Week 4	Numbers from 51-70, Grammar: Regular "er" verbs. Ways to ask
	questions. Student descriptions of their homes.
Week 5	Numbers from 71-100, Vocabulary for seasons/weather, Dialogue:
	Reading and discussion. Telling Time.
Week 6	Military time, Grammar: Regular "ir" and "re" verbs, possessive
	adjectives; Dialogue reading and discussion.

Required Text: Learn French, The Fast & Fun Way, (2014) and French Grammar for Beginners (Bibard).

#### "Heimat," Expulsion, Displacement and Reconciliation Hybrid

With Ms. Victoria Luther Thursdays, 10-11:45 a.m.

#### \$80

Course Description: In this class, we will start by viewing a 70-minute documentary produced by the instructor and directed by Antje Dohrn called Auf Wiedersehen in Winzig, which focuses on the life story of OLLI's own, Rita Steinhardt Botwinick, and the story of the Germans, Poles and Ukrainians who all had to flee their own countries and settle in foreign lands. We explore the reasons that people emigrate (not always war), the obstacles they face, different countries' views of "immigrants," and how they adapt to a new culture, language and religion. Each week, we will have different guest speakers. These guest speakers will share their personal stories. We will see that even though each of their stories is different, they have many similarities to which all class participants will be able to relate.

Weeks	Topics
Week 1	View Auf Wiedersehen in Winzig - A Film about Expulsion, Returning Home and Reconciliation (Calypso Media 2021) - screening of the movie, Q & A (moderated by the filmmakers), plenum discussion (moderated by the filmmakers) and some homework: writing down interesting subjects from the documentary to discuss further.
Week 2	Discussion of selected themes/subjects from the previous documentary (student's homework) and examine reasons to emigrate, obstacles, possibilities of "living the new life" in a "new Heimat" - adaptation vs integration.
Week 3	Guest speaker: Ronnie Botwinick Londner, the daughter of Rita Steinhardt Botwinick, speaks about her mother's Historic Memoir, <i>Gratefully Yours</i> - <i>from Nazi Untermensch to a Patch in the Rose Garden</i> (2015) - background publication for the documentary Auf Wiedersehen in Winzig.
Week 4	Guest speaker: Milica Bookmann talks about other forced population movements across the globe during and after World War II with personal examples of living in ex-Yugoslavia and having to flee.
Week 5	Guest speaker: Dolores del Castillo talks about other forced population movements from her personal perspective as a Cuban refugee moving to the USA.
Week 6	Guest speaker: Bindu Rammohan talks about moving from India to the USA, the conflicts she encountered and how the U.S. welcomed her, and how she had to fight for "a place at the table."

#### Postural Stability, Balance & Mobility Zoom Only

With Ms. Grisell Gonzalez

Thursdays, 10-11a.m.

\$80

Course Description: Sitting and standing with proper alignment improves blood flow, helps keep the nerves and blood vessels healthy, and supports the muscles, ligaments, and tendons. According to physical therapists, structural balance is by far the most important thing needed for injury-prevention. Mobility training can improve the range of motion in joints/muscles and assist in improving posture. In this class, we will work on strengthening the postural muscles, mobilizing the joints, and improving balance. Each week, you will receive a protocol and a homework assignment to help you improve posture and balance.

Note: You will need a long TheraBand resistance band loop.

Weeks	Topics
Week 1	Postural Stability.

Week 2	Strengthening Postural Muscles.
Week 3	Joint Mobility.
Week 4	Balance & Coordination.
Week 5	Balance & Coordination.
Week 6	Strength, Mobility, and Balance.

#### Fit Mind: Evidence-Based Exercises for Your Brain Zoom Only With Ms. Grisell Gonzalez

## Thursdays, 11a.m.-12 p.m.

## \$80

Course Description: The human brain is an organ that improves through mental stimulation. This class will offer a mental and physical workout to sharpen your brain, and improve concentration, and coordination. Classes incorporate elements from Yoga Therapy, Physical Therapy, Occupational Therapy, and other modalities. Some of the techniques offered include neurobic brain exercises, brain gymnastics cross-lateral movement, and bilateral integration exercises. Each week you will receive a protocol and a homework assignment to help you improve brain function.

**Note:** You will need a long TheraBand resistance band loop.

## Triumph and Tragedy: The Lives of Great Men In-Person Only

With Mr. Robert Dawson Thursdays, 1-2:45 p.m. \$80

Course Description: See history come to life with Robert Dawson. In this historical recreation, you will see, hear and learn about the lives of famous (and infamous) men. Part History Channel, part theater, it is an enjoyable and engaging way to learn history.

Weeks	England & Canada
Week 1	Lt. John Rousse Merriott Chard (1847-1897) The Defense of Rorke's Drift.
Week 2	William Marshal (1146-1219) The Greatest Knight.
Week 3	William Shakespeare (1564-1616) Shakespeare & The Globe Theatre.
Week 4	Lt. Cmdr. William Bligh (1754-1817) The Mutiny of the Bounty.
Week 5	Major Arthur Peuchen (1859-1929) Titanic Survivor.
Week 6	Archie Belaney (1888-1938) The Legend of Grey Owl.

**Note**: Occasionally, unexpected circumstances may arise that require a character listing to be changed.

# Ernest Hemingway - An Enigmatic Writer and His Controversial Life Hybrid

With Ms. Jeannie Dequine Thursdays, 1-2:45 p.m. \$80

Course Description: Meet Ernest Hemingway (1898 to 1961) – war correspondent, hunter, seducer, ex-patriot, soldier, hospital patient, and four-time husband. Learn about his life and writing. We will see how Hemingway, "the man" was so much more complicated than Hemingway, "the writer." We will cover his childhood; the 1920's in Paris, when he penned the "lost generation" of Americans adrift in Europe following WWI, and his suicide in 1961. Throughout our discussions, we will examine his writing style and his adventurism.

Active member participation is welcome. Students who wish can try their hand at writing a tiny piece in Hemingway style for fun!

Weeks	Topics
Week 1	1898: Hemingway's childhood in Oak Park, Illinois and work as a Kansas City
	cub reporter right out of High School.
Week 2	1920's: Part 1: Hemingway's youth and marriage(s).
Week 3	1920's: Part 2, Hemingway and ex-patriots – The Lost Generation.
Week 4	1920's: Part 3, Hemingway and war. "Farewell to Arms."
Week 5	Hemingway, Literary Style – Sparse, yet, "deep like an iceberg."
Week 6	Readings: A Clean, Well-lighted Place, A Very Short Story, and Soldier's
	Home

Acrylic Painting, Intermediate/Advanced In-Person Only

With Ms. Anita Klimek

Thursdays, 1-2:45 p.m.

\$125

Course Description: Painting with acrylics can be great fun. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class have to offer. There will be time in class to work on your projects, while you receive instruction in perspective, composition, lead-ins and critiques in each class. You will be painting in the first class. **Note:** This class is geared toward intermediate and advanced painters. Please bring supplies to all classes.

Italian Intermediate, Pt. C Zoom Only

With Ms. Simona Bai Thursdays, 1-2:45 p.m. \$80 Course Description: This course is designed for students who have already attended all levels of Italian Basic and Intermediate A and B or for those who feel fairly confident with intermediate Italian grammar. The course is designed for those who want to become fluent in Italian and understand that the study of grammar is indispensable to attain fluency.

Required Text: Sentieri, 1st Edition, by Julia Cozzarelli, Cost: \$40-45.

## A History of Classical Arabic Literature, Pt. 1 Hybrid

With Dr. Daniel Rivera Thursdays, 3-4:45 p.m. \$80

Course Description: This course will focus on the wide variety of pre-modern Arabic social and cultural life, where secular texts flourished alongside religious ones. Arabic literature emerged in the 5th Century, with only fragments of the written language appearing before that time. The tradition of Arabic literature stretches back some 16 centuries to unrecorded beginnings in the Arabian Peninsula.

The rapid spread of the Islamic faith brought the original literary tradition of the Arabian Peninsula into contact with many other cultural traditions- Byzantine, Persian, Indian, Amazigh (Berber), and Andalusian, to name just a few – transforming and being transformed by all of them.

Weeks	Topics
Week 1	Pre-Islamic - Pts.1 & 2: From The Kingdom of Kinda to the coming of Islam.
Week 2	Continuation of Pre-Islamic - Pts. 1 & 2: From The Kingdom of Kinda to the coming of Islam.
Week 3	Islamic Period - From Islam's coming to the Omayyad Caliphate.
Week 4	Continuation of Islamic Period - From Islam's coming to the Omayyad Caliphate.
Week 5	The Omayyad Dynasty.
Week 6	Continuation of the Omayyad Dynasty.

## Chair Yoga Zoom Only

With Ms. Nina Ramos

#### Thursdays, 3-4 p.m.

\$50

Course Description: Also known as seated yoga, *Chair Yoga* is ideal for the desk-bound, travelers, golfers, and those who are in rehabilitation or physically challenged. Chair Yoga will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do <u>not</u> need to stand up to reap the benefits of yoga. This unique program is offered in one-hour segments of seated stretching and deep breathing to help maintain or

build strength and flexibility while relieving the stress and tension associated with sitting for too long.

#### Advanced French Zoom Only

With Dr. Daniel Vitaglione Thursdays, 3-4:45 p.m. \$80 Course Description: Have yo

Course Description: Have you completed all levels of French Basic and Intermediate, or are you comfortable with French grammar and conversation? Then, this course is for you! In each class, you will practice your conversation skills, learn new vocabulary, review grammar, and discuss French culture. The class is taught entirely in French.

**Note:** Readings and grammar points change every session. The instructor will provide the readings.

#### Italian Basic Conversation & Grammar Zoom Only

With Ms. Simona Bai Thursdays, 3-4:45 p.m. \$80

Course Description: This course is designed for students who have already attended all levels of Italian grammar or for those who can use all tenses. The course is taught entirely in Italian and is structured in two parts: 1) reinforcing grammar knowledge, and 2) starting to speak, and putting into practice everything learned.

Required text: Sentieri, 1st edition by Julia M. Cozzarelli.

#### Fridays: Classes begin on September 2, 2022

SIG: Current Events Zoom Only With Mr. Haim Karp Fridays, 12-12:50 p.m. Free for OLLI members

Course Description: Would you like to discuss current events within a smaller group? Do you share the same passions as other OLLI members on certain national or global topics? Participants in this club should prepare for meetings by brushing up on current topics in the news frequently, bringing not only opinions to the table, but verified facts as well.

## Comical Moments in Music & Dance Zoom Only

With Dr. Manuel Prestamo

**Note:** This class starts on Friday, September 9<sup>th</sup> and ends on Friday, October 14<sup>th</sup>. Fridays, 1-2:45 p.m.

\$80

Course Description: While informative, the primary purpose of this course is to share numerous clips of music performances of all types, both classical and popular - including soloists, symphony orchestras, and chamber music groups, as well as clips of hilarious dance performances, and clips of famous personalities in moments of musical comedy and entertainment as well as unintentional bloopers and unintended accidents on stage. Did you know that Danny Kaye loved to conduct symphony orchestras and in fact guest conducted the New York Philharmonic as well as the Philadelphia Orchestra? We will look at skits done by others such as Victor Borge, Leonard Bernstein, Les Ballets Trockadero, Jack Benny, Jimmy Durante, Bugs Bunny, The Pink Panther, Rudolph Nureyev dancing with Miss Piggy, Buddy Rich, the Marx Brothers, Peter Ustinov, Perry Como, Don Knotts, and many others.

Weeks	Topics
Week 1	Danny Kaye and other fun and hilarious moments with symphony
	orchestras.
Week 2	Les Ballet Trockadero de Monte Carlo: See and enjoy the hilarious
	transformations and parodies of works like Swan Lake, see a version of
	Swine Lake, and catch Rudolph Nureyev dancing with Miss Piggy.
Week 3	Unforgettable moments with Victor Borge and guests.
Week 4	Oldies but goodies: Jack Benny, Jimmy Durante, Sid Caesar, Imogene Coca,
	Nannette Fabray, Carol Burnett, and more.
Week 5	The Marx Brothers: Music performed with the intent to make you laugh and
	have a great time as they sing, dance, play the piano, and play the harp.
Week 6	Gerard Hoffnung's comic videos and drawings - Guaranteed to make you
	laugh.

# Literatura: Teatro y Poesia del Siglo XX Zoom Only

With Ms. Maribet Echagarugga

Fridays, 3-4:45 p.m.

\$80

Course Description: The first third of the 20th century was marked by World War I and the Spanish Civil War. We will examine works from this period characterized by their questioning of daily life, their insistence upon defining identity, and experimentation with new literary forms and ideas. Afro-Caribbean poetry from the period includes auditory elements and neologisms and explores "mestizaje." Surrealist works from the period juxtapose the unconscious with the conscious, making everyday situations illogical and unexplainable. The Theater of the Absurd uses absurd, impossible, and hyperbolic representations to highlight society's problems.

**Note**: This <u>class is taught entirely in Spanish</u>. It is recommended that you be a native Spanish speaker or have completed at least an intermediate level of Spanish before taking this course. The instructor will provide the students with copies of all course materials.

Weeks	Topics
Week 1	Students will analyze a play from the movement "El Vanguardismo" and how it relates to social/cultural context. ( <i>La casa de Bernarda Alba</i> , Federico García Lorca). Students will analyze the components of a literary work, situate and relate literature of "El Vanguardismo" movement to its social, cultural and historical contexts (WWI and Spanish Civil War), students will discuss how the author expresses his own ideas and beliefs through characters.
Week 2	Continuation of Week 1: Students will explain how the author expresses his own ideas and beliefs through characters; discussion of literary terms "personaje, ambiente, acotación, público, acto, tres unidades, tragedia, diálogo, símbolo, metáfora, símil, falla trágica, ironía, prefiguración, hipérbole.
Week 3	Continuation of week 2.
Week 4	Students will analyze the components of a literary work - <i>El hombre que se Convirtió en Perro</i> , (Eduardo Dragún) and how it relates to its social, cultural, and historical contexts (Argentina, in the 1950's and 1960's, political crisis, Perón, worker exploitation, theater of the absurd). Students will examine how the author expresses his own ideas and beliefs through characters. Discussion of literary terms present in the play "personaje, ambiente, acotación, público, acto, diálogo, ironía, sátira, hipérbole".
Week 5	Students will analyze the components of literary works ( <i>Balada de los dos Abuelos</i> , (Nicolás Guillén) and <i>Mujer Negra</i> , (Nancy Morejón) and how they relate to their social, cultural, and historical contexts (Poesía Negra, vanguardismo, racism, inequality, injustice, end of slavery, new identity, gender inequality, independence of nations in the New World, birth of Communism in the New World), discussion of literary terms present in the poems "verso libre, estribillo, aliteración, elementos auditivos, gradación, apartes".
Week 6	Students will analyze the components of literary works - <i>A Julia de Burgos</i> , (Julia de Burgos), <i>Peso ancestral</i> , (Alfonsina Storni) and how they relate to their social, cultural, and historical contexts (gender inequality, patriarchal system, duality of being, introspection), discussion of literary terms present in the poems "Desdoblamiento, voz poética, ambigüedad, metáfora, símbolo, alusión, imagen, verso libre, yuxtaposición, aliteración, asindeton, enumeración, apóstrofe, endecasílabo, pie quebrado, perspectiva."

# FALL 2 CLASSES

# October 24 – December 9, 2022

# Register online at olli.dcie.miami.edu

Mondays: Classes begin on October 24, 2022

Basic Computer Skills for Windows 10 Hybrid
With Ms. Joan Nurse
Mondays, 10-11:45 a.m.
\$90

Course Description: Do you need to learn the basics of how to use your computer? Are you tired of being frustrated by your lack of basic knowledge when it comes to computer use? Then, this is the class for you. Learn to use your computer by getting familiar with its operating system, Windows 10 (we can update your system to Windows 11 if you would like). Learn the tips and tricks of how to navigate in the computer world. Don't get left behind!

Weeks	Topics
Week 1	Windows 10: Getting started.
Week 2	Learn the various features available in Windows 10.
Week 3	Tips on how to manage multiple windows at the same time.
Week 4	Learn how to personalize your start menu and your desktop.
Week 5	Streamline documents and learn to use and control your One Drive Cloud.
Week 6	Recap/Review.

#### Investments Zoom Only

With Dr. Ed Harper & Mr. Haim Karp Mondays, 10-11:45 a.m. \$55

Course Description: This is your chance to discuss investment topics with fellow OLLI members who have some experience and knowledge in this area. Each week's discussion revolves around a topic related to investments. Invited guest speakers will address the class during the six weeks.

#### Tai Chi/Qigong Zoom Only With Ms. Grisell Gonzalez Mondays, 12:30 - 1:30 p.m. \$80

Course description: Tai Chi is a gentle and graceful movement class based on concepts originating in ancient China and is one of the most effective exercises for the health of the mind and body. The ultimate purpose of Tai Chi is to cultivate the qi or life energy within us to flow smoothly and powerfully throughout the body. Tai Chi improves balance and prevents falls.

Qigong came before Tai Chi and is a practice of cultivating vital life-force through various techniques, including breathing techniques, posture and fluid movements. The instructor spends approximately 30 min of the class practicing Qigong & approximately 30 min practicing Tai Chi. Studies show that these practices aid with stress reduction, chronic pain, arthritis, diabetes, osteoporosis, and more. Students are encouraged to wear loose comfortable clothing.

# SIG: OLLI Book Club Zoom Only

With Ms. Susan King Mondays, 12-12:50 p.m. **Free for OLLI members** 

Course Description: Book Club is a member-driven discussion group. It is a committed group of members whose sole purpose is to have a lively and engaging discussion about the novel(s) chosen to read.

Book Selections: TBD

# Public Policy at the Time of Crisis, Pt. 2 Hybrid

With Dr. Cynthia Halpern Mondays, 1-2:45 p.m.

\$80

Course Description: Join us as we continue to examine and discuss some of the big issues of our time: Climate Change, Education, Hate speech, White supremacy, Patriarchy, The Big Lie, Truth and Politics, the role of Social Media, Corporate profits, Ideology and a Fascist agenda.

Weeks	Topics
Week 1	The great challenge of Climate Change.
Week 2	Education: What is tearing it apart? Hate speech, Religion, Parental rights,
	Affirmative Action and the Technical Economy.

Week 3	White supremacy and Patriarchy: Its structural roots and its legacy and future agenda.
Week 4	The Big Lie: Misinformation, Propaganda, Ideology and the Organized Assault on Truth.
Week 5	Truth and politics: Social Media, Corporate profits, Ideology and a Fascist Agenda.
Week 6	The Oncoming Catastrophe.

# Basic Computer Skills for Apple Devices Hybrid

With Ms. Joan Nurse

Mondays, 1-2:45 p.m.

\$90

Course Description: Conquer your fears when it comes to learning how to use your Apple devices: iPad, iPhone, iMac, and Mac book Air.

Weeks	Topics
Week 1	Overall view of your device's operating system problem solving.
Week 2	Connect your devices Demystifying iCloud and managing your
	documents.
Week 3	Create picture folders and albums on your MacBook Air and iPhone.
Week 4	Learn email tips and tricks eliminate old mail and create mail folders.
Week 5	Find your deleted emails and text messages.
Week 6	Review.

# British & American Classical Literature Zoom Only

With Ms. Ronnie Londner

Mondays, 1-2:45 p.m.

\$80

Course Description: In this course, we will explore six authors, read one of their shorter works (under 250 pages) and discuss the longer books. Biographical information and the context of each writer's time and place will be presented. A lively discussion is a central part of the class. The goal is to come away with a greater appreciation and enjoyment of these marvelous writers, and to whet your appetite to read their longer works.

The instructor will send an email to all registrants with links to access the works.

Weeks	Works
Week 1	Charlotte Perkins Gilman, (1860-1935), The Yellow Wallpaper (and two
	other short stories which instructor will send to students).
Week 2	Aldous Huxley (1894–1963), Genius and the Goddess.

Week 3	Elizabeth Taylor (1912 – 1975), Mrs Palfrey at the Claremont.
Week 4	N. Scott Momaday (1934 - ), House Made of Dawn.
Week 5	Chinua Achebe (1930 – 2013), Things Fall Apart.
Week 6	Elizabeth Strout, (1956 - ), Anything is Possible.

#### Remarkable Women in Music Zoom Only

With Mr. Brian Murphy Mondays, 1-2:45 p.m. \$80

Course Description: In this class, we trace the evolution of women in music as composers, arrangers and performers from the Blues to Music Theatre and Jazz to 20<sup>th</sup> century classical composers and the breakout vocalists of the 21<sup>st</sup> century.

Weeks	Topics
Week 1	An overview.
Week 2	Popular Music/Blues: Ma Rainey and Bessie Smith.
Week 3	Jazz: Carla Bley and Mary Lou Williams.
Week 4	Composers: Nadia Boulanger and Joelle Khoury.
Week 5	Classical Musicians: Martha Argerich and Wendy Carlos.
Week 6	World Music: Cesária Évora and Miriam Makeba.

#### Freestyle Yoga Zoom Only

With Ms. Nina Ramos

#### Mondays, 3-4 p.m.

\$80

Course Description: This is an introduction to yoga with an emphasis on the postural foundation and alignment of the body. It is the perfect one-hour class for the novice. **Note:** The student needs to be able to do yoga on a yoga mat and get up from the floor.

# The Impact of Jews on Classical Music, Pt. 1 Zoom Only

With Mr. Emanuel Abramovits

Mondays, 3-4:45 p.m.

\$80

Course Description: In this class, we will examine the lives and of musicians who conducted major orchestras, composers who set new rules and performers who gave virtuosity and showmanship another meaning. After centuries of limited presence, one of the most fruitful branches of the Jewish renaissance of the 19th century was in music. Jews continued to thrive in the 20th century despite war, displacement and prejudice. Join us on this musical journey.

Weeks	Topics
Week 1	Structure of the course - Musicians usually confused as Jews (Zubin Metha, the Strauss family, Barber, Bizet, etc); Albert Hirshfeld caricatures. Composers Part 1: Salamone Rossi, Felix Mendelssohn; Opera: Giacomo Meyerbeer, Fromenthal Halevy, Kurt Weisgall, other opera composers; Gustav Mahler, his times, Alma Mahler, Bruno Walter; Fusions of styles: George Gershwin and Leonard Bernstein.
Week 2	Composers Part 2: European immigrants: Kurt Weil, Darius Milhaud, Aaron Copland and the sound of America; Contemporary composers: Philip Glass, Morton Subotnick and Steve Reich; Some more composers.
Week 3	Violinists Part 1: Creating a School. Joseph Joachim and Leopold Auer; Early 20th century virtuosos: Fritz Kreisler, Bronislaw Huberman, Efrem Zimbalist, Mischa Elman, and Joseph Szigetti; Mid-20th century virtuosos: Jascha Heifetz, Nathan Milstein, David Oistrakh.
Week 4	Mid-20th Century virtuosos continued: Yehudi Menuhim, Isaac Stern; Late 20th Century virtuosos: Itzhak Perlman, Pinchas Zukerman, Gidon Kremer, Joshua Bell, and Gil Shaham; Other artists.
Week 5	The JINFO statistics - Anton Rubinstein and the St. Petersburg Conservatory; Conductors Part 1: Immigration and identity, Serge Koussevitzky, Otto Klemperer, George Szell, and Fritz Reiner.
Week 6	Conductors Part 2: Excellence and variety, Arthur Fiedler, Eugene Ormandy, George Solti, Andre Previn, Lorin Maazel, James Levine, Michael Tilson Thomas, and Lahav Shani.

**Tuesdays: Classes begin on October 25, 2022** 

# Western Art, Masters and Masterpieces Hybrid

With Mr. Armando Droulers Tuesdays, 10-11:45 a.m.

\$80

Course Description: In this course, we will trace the evolution of the fine arts in Western culture by discovering the relationship between stylistic developments. We will concentrate on various artistic periods, covering not only the art but the artists, their influences and their social, political and economic backgrounds. With many artists today consistently infusing art historical references into contemporary works, understanding the significance of each period provides a means by which we can understand our present and the broader historical and intellectual context in which the visual arts emerged.

# The Art of Digital PhotographyIn-Person OnlyWith Mr. Karl KoslowskiTuesdays, 10 a.m. - 1 p.m.\$120

Course Description: Explore South Florida's imaginative architectural and natural environments. Discover the historic Art Deco styles on South Beach and the Contemporary and Mediterranean Architecture of Downtown Miami (Bayside and Freedom Tower). Discover Fairchild Tropical and Botanic Garden. This 6-week course starts with a classroom intro, orientation and preview in the computer room of OLLI @ UM, followed by several outdoor photo shoots. The class will include Adobe Photoshop Enhancement demonstrations. The sixth class concludes with a review, analysis and critique in the OLLI computer room.

**Note:** A digital camera and/or smart phone are recommended. Students are asked to bring their best shots on a USB thumb drive.

# Writer's Workshop Hybrid

With Ms. Jeannie DeQuine Tuesdays, 10-11:45 a.m. \$80

Course Description: This workshop highlights personal writing. It offers peer review, constructive criticism, and an opportunity to read one's work aloud in a supportive communal setting. It has been shown that some writers learn more from critiquing and carefully listening to others' critiques than in a formal class setting. The teacher and class members may make suggestions regarding common writing issues including confronting writer's block; constructing an arc of a short story, novel, or memoir; bringing characters to life; and editing one's own work.

Recommended Text: *Creative Writer's Handbook*, 3<sup>rd</sup> edition by Jason and Lefcowitz, which can be purchased online for approximately \$4.

# International Action In-Person Only

With Mr. Alan Dietz Tuesdays, 10-11:45 a.m. \$80

Course Description: International Action is a discussion group dealing with explaining up-to-the minute international affairs, politics, and intrigue in the major action centers of the world, with emphasis on Europe, China, India, Russia, Japan, Latin America, and, of course, the smoldering Middle East. Class participation is encouraged.

Zendoodle – Pattern Work for Meditation and Fun! (Intermediate) Zoom Only With Ms. Margie Bauer Tuesdays, 10-11:45 a.m. \$80

Course Description: In this class, you will continue to be given patterns to meditate on and use to create beautiful works of art. You will be taught new patterns, how to bring those patterns to life, how to compose a design and how to show case your work. You will be encouraged to apply zendoodles to 3d objects. The sharing of work and ideas with classmates is an important part of this class. No meditation or art experience necessary.

**Materials Needed:** Three different sizes of permanent felt tipped markers (\$9), such as Micron; One very light gray marker for shading (\$3) such as Tombow, or Copic (we will discuss in class); One white gelly roll marker and black sheet of paper (we will discuss in class); 9"x12" Vellum Bristol pad of paper (\$5), 100 lb. Blick or other brand; Light colored cloth mask for applying your Zendoodle designs (\$10), optional; Set of permanent markers for adding color; Watercolor or acrylic paint and paper, if desired, optional (We will discuss all materials in class before purchasing.)

# Basic iPhone Skills In-Person Only

With Ms. Josie Zomerfeld Tuesdays, 10-11:45 a.m. \$80

Course Description: In this course, you will learn to use your iPhone. You will learn to use apps that are installed on all Apple devices, including the clock, phone, weather, contacts, and camera. You will learn how to use the apps, on a basic level, so that you can communicate and have fun with your phone. You will learn to appreciate that iPhones are computers as well as phones. **Note:** An iPhone model 6 or better is recommended. The class is limited to 10 people.

# SIG: In the News Zoom Only

With Mr. Leslie Gross and Ms. Janet Krutchik Tuesdays, 12-12:50 p.m.

#### Free for OLLI members

Course Description: Discussion group focused on what's "in the news" each week. Bring your open-mindedness and civil discourse to this OLLI member Shared Interest Group.

# Art in the 19<sup>th</sup> Century Hybrid

With Dr. Batia Cohen Tuesdays, 1-2:45 p.m. \$80 Course Description: We

Course Description: We call it La Belle Époque. We usually think about Art Nouveau and Paris, but the 19th century was full of technological advancements, social changes and

different philosophies. Many artists began to search different ways of communicating and an array of styles and artistic movements evolved from it. Join us as we examine 19<sup>th</sup> century art.

Weeks	Topics
Week 1	Introduction to Art Nouveau.
Week 2	The Pre-Raphaelites.
Week 3	The Glasgow School.
Week 4	Modernismo and Antoni Gaudi.
Week 5	Impressionism.
Week 6	Les Nabis and Symbolism.

# Introduction to Pencil Drawing and Sketching (color pencils) In-Person Only

With Ms. Anita Klimek

Tuesdays, 1-2:45 p.m.

# \$125

Course Description: This course builds upon the drawing skills learned in the previous session. You will work in different mediums: colored pencils, pastels, ink, wash, etc. and continue to hone your drawing skills.

# Advanced Spanish, Pt. A Zoom Only

With Dr. Luis Carlos Fallon Tuesdays, 1-2:45 p.m. \$80

Course Description: The goal of this course is to help you to improve your Spanish language skills and become a better speaker. Spanish grammar points, vocabulary, and cultural elements will be presented in a relaxed and fun atmosphere. We will concentrate on the use of the subjunctive mode in order to communicate personal activities, and express emotions and opinions. We will discuss current topics and read authentic news in order to encourage a more fluent conversation. The class is taught entirely in Spanish by a native Spanish speaker.

Weeks	Topics
Week 1	Repaso de la lección 14, El Participio Pasado, El Presente Perfecto de
	Indicativo.
Week 2	El Presente Perfecto progresivo, Verbos de movimiento en los tiempos
	progresivos, El Pasado Perfecto.
Week 3	Futuro Simple, Condicional Simple y Perfecto, El Absoluto Superlativo.
Week 4	El Presente de Subjuntivo, El Subjuntivo con verbos de deseo, El Subjuntivo
	para expresar emoción.

Week 5	Subjuntivo con algunas expresiones impersonales, Formación de Adverbios,
	El Subjuntivo para Expresar Duda, Incredulidad y Negación.
Week 6	El Subjuntivo para expresar lo Indefinido y lo no Existente, Los Sufijos,
	Practica general sobre la temática del curso.

Required Text: *Basic Spanish*, 2<sup>nd</sup> edition, by Ana Jarvis, Raquel Lebredo & Francisco Mena-Ayllon. It can be purchased online through Amazon. Cost: Less than \$20.

# Italian Basic, Pt. B Zoom Only

With Ms. Simona Bai Tuesdays, 1-2:45 p.m. \$80 Course Description: This course is designed for students who have completed Italian Basic, Pt. A, or for those who have some knowledge of Italian. In this course, you will work on basic grammar and expand your vocabulary. Your Italian journey continues!

Required Text: Sentieri, 1st edition, by Julia Cozzarelli, Cost: \$40-45.

# The Best of World Cinema Zoom Only

With Ms. Phyllis Levy Tuesdays, 1-2:45 p.m. \$80

Course Description: Each week the class will view (on their own) and discuss (in class) two films from a different country.

**Note**: Students will need to **rent films on Amazon Prime.** The film prices range from \$1.99-\$3.99. The final program is on Netflix. If you don't already have a subscription, it is available on a trial basis for a small fee.

Weeks	Topics
Week 1	Japan: Tokyo Story, 1953 - An old couple visit their children and grandchild
	in the city, but receive little attention; Shoplifters, 2018 - A family of small-
	time crooks take in a child they find outside in the cold.
Week 2	Brazil: Central Station (YouTube) 1998 - A former teacher helps a young
	boy whose mother just died to search for the father he never knew; <i>Invisible</i>
	<i>Life</i> , 2019 - Kept apart by a terrible lie, two sisters in Rio make their way
	through life each believing the other is living out her dreams half a world
	away.
Week 3	Poland: Three Colors White, 1994 - As his wife divorces him, a Polish
	immigrant plots to get even with her; <i>Ida</i> , 2014 - A novice nun about to take
	her vows uncovers a family secret dating back to the German occupation.

Week 4	Saudi Arabia: <i>Wadjda</i> , 2013 - An enterprising Saudi girl competes in her school's Koran recitation to raise funds to buy a bicycle; Iran: <i>Offside</i> , 2007 - A young girl is determined to enter a stadium where women are excluded.
Week 5	Turkey: <i>Mustang</i> , 2015 - When five orphan girls are seen innocently playing with boys on a beach, their scandalized conservative guardians confine them while forced marriages are arranged; <i>Kedi</i> , 2017 - A profile of an ancient city, Istanbul, and its unique people, seen through the eyes of the a mysterious and beloved animal a cat.
Week 6	Mexico: <i>Roma</i> , 2018 - A year in the life of a middle-class family's maid in Mexico City in the early 1970's; Bolivia: <i>Even the Rain</i> , 2010 - As a director and his crew shoot a controversial film about Christopher Columbus in Cochabamba, Bolivia, local people rise up against plans to privatize the water supply. (Based on true events.)

# Chair Yoga Zoom Only

# With Ms. Nina Ramos **Tuesdays**, **3-4 p.m.**

# \$50

Course Description: Also known as seated yoga, *Chair Yoga* is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or who are physically challenged. *Chair Yoga* will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do <u>not</u> need to stand up to reap the benefits of yoga. This unique program is offered in one-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

# Flaubert and the Art of the Novel: A Reading of Madame Bovary Zoom Only With Dr. Daniel Vitaglione

Tuesdays, 3-4:45 p.m.

# \$80

Course Description: A series of lectures and discussions of the art of Flaubert (1821-1880) as exemplified by his controversial *Madame Bovary* (1857), a critique of the French society during the Second Empire.

Students are invited to read the novel in the new English translation by Lydia Davis (Penguin Classics) at the rate of around 50 pages per week which will be discussed in detail in class.

#### **Italian Intermediate and Advanced Conversation & Grammar** Zoom Only With Ms. Simona Bai

Tuesdays, 3-4:45 p.m. \$80

Course Description: This course is designed for students who have already attended all levels of Italian grammar or for those who are able to use all tenses properly and feel fluent talking about different topics in Italian. The course is taught entirely in Italian and is structured in different sections: speaking, writing and improving your vocabulary.

Required text: Sentieri, 1<sup>st</sup> edition by Julia M. Cozzarelli.

Wednesdays: Classes begin on October 26, 2022

From 'Faithful Isle' to Rebellion: A History of Colonial Cuba from pre-contact to 1898 *Hybrid* With Mr. Rich Denis Wednesdays, 10-11:45 a.m.

\$80

Course Description: In this course, we will cover the history of Cuba and its peoples from the pre-contact era to the eve of the final War of Cuban Independence in 1898. This course will especially examine the role played by religion, race, and empire during this era of contact and colonization, and will focus on the question of the distinct way in which colonial Cuba developed through the 18<sup>th</sup> and 19<sup>th</sup> centuries and remained faithful to its colonial master Spain, even as the latter lost most of its empire by the 1820s.

Weeks	Topics
Week 1	Indigenous peoples and First Contact, pre 1492-1519.
Week 2	The development of Spanish colonization, 1519-1763.
Week 3	The social transformation of 18 <sup>th</sup> Century Cuba, 1763-1812.
Week 4	"The Most Faithful Isle"-The Rise of the 'Sugoracracy,' the Flourishing of
	the Cuban Creole Class and the Importance of Slavery, 1812-1868.
Week 5	The Cuban struggle for independence, 1868-1895.
Week 6	The final war of Cuban independence and the "Spanish-American War",
	1895-1898.

# Apple Watch Hybrid

With Ms. Joan Nurse Wednesdays, 10-11:45 a.m. \$90 Course Description: Learn to use your Apple Watch (all series ... 4, 5, 6, SE and 7). Apple Watch is a line of smartwatches produced by Apple Inc. It incorporates fitness tracking, health-oriented capabilities, and wireless telecommunication. The watch integrates with iOS and other Apple products and services. Join us as we explore all the new features and controls intended to make your life easier and, in many cases, safer.

Weeks	Topics
Week 1	Learn to use the Digital Crown, side button and gestures efficiently.
Week 2	Learn how the Apple Watch operating system relates to your other Apple
	devices how to sync them together.
Week 3	Ten tips for getting the most out of your Apple Watch.
Week 4	Learn the hidden features the Apple Watch offers the user.
Week 5	Manage your digital life and stay connected to apps, social media and more
	with the latest wearables from Apple.
Week 6	Review all materials. Answer questions and provide demonstrations.

# Intermediate French Hybrid

With Alicia Menendez-King Wednesdays, 10-11:45 a.m. \$80

Course Description: This course is taught in French and provides readings about French culture and Francophone countries; discussions of French current events; exposure to well-known and lesser-known French writers and singers; and a thorough review of French grammar. This course is for students who have completed Beginner's French, Parts A-D, or students who demonstrate French proficiency at the intermediate level.

Required Texts: *Read & Think French*, 3<sup>rd</sup> Edition (Amazon) and *Complete French Grammar*, by Annie Heminway (Amazon).

# Beginning Spanish, Pt. B (Español Para Principiantes) In-Person Only

With Ms. Susan Dow

Wednesdays, 10-11:45 a.m.

#### \$80

Course Description: Bienvenidos! Welcome to Beginning Spanish, Pt. B. In this introductory course, you will continue to learn the essentials of the Spanish language in a fun, relaxed environment. The focus is on oral communication in realistic situations, such as ordering in a restaurant, reserving a hotel room, or going shopping. No prior knowledge of Spanish is necessary. **Note:** This course is taught in English and Spanish.

Required Text: *Basic Spanish for Getting Along, 2<sup>nd</sup>* edition, by Ana Jarvis and Raquel Lebredo. It can be purchased online either new, used or rented through Amazon. Prices vary so you should shop around or buy a used first edition.

# Say It In Italian! Hybrid

With Dr. Magda Novelli-Pearson Wednesdays, 10-11:45 a.m. \$80

Course Description: Join us as we discuss (mostly in Italian) the customs, news, places and traditions of one of the most fascinating places in the world - Italia! **Note:** Proficiency in understanding <u>and</u> speaking Italian is highly recommended.

Weeks	Topics
Week 1	Italian cinema.
Week 2	Italian culinary traditions.
Week 3	Italian designers in fashion, cars, and furniture.
Week 4	Italian artists and masterpieces, Pt. 1.
Week 5	Italian artists and masterpieces, Pt. 2.
Week 6	Latest trends and news in Italy.

# SIG: Monday Morning Quarterback (Sports) Zoom Only

With Mr. Arthur Young Wednesdays, 12-12:50 p.m.

# Free for OLLI Members

Course Description: Discuss current events in the world of sports. The discussion will be class-driven depending on participants' interests and the news. Particular interest will be on local teams.

# SIG: As the "Book" Pages Turn Zoom Only

With Ms. Susan Rosenthal

Wednesdays, 12-12:50 p.m.

#### Free for OLLI Members

Course Description: This is a SIG/club where OLLI members choose a book to read and engage in a lively discussion. Whenever possible, the author will be invited to join the group to discuss his/her book.

Book Selections: *River of Gods: Genius, Courage, and Betrayal in Search for the Source of the Nile* by Candice Millard <u>and French Braid</u> by Ann Tyler.

# Unsung Heroes of the Universe Hybrid

With Mr. Mark Egdall Wednesdays, 1-2:45 p.m. \$80

Course Description: Join us as we explore the story of six individuals who, despite extraordinary achievements in quantum mechanics, general relativity, astronomy, cosmology, and space exploration, remain, for the most part, unknown to the general public. We will examine their remarkable lives and extraordinary scientific breakthroughs. Presented in everyday language all can understand.

Weeks	Topics
Week 1	Henrietta Swan Leavitt: Hired as an unpaid volunteer to catalogue star images at Harvard Observatory. Her ground-breaking discovery was the stepping stone to the 20 <sup>th</sup> century cosmology revolution.
Week 2	Alexander Friedmann: Working alone in Stalin's Russia. This brilliant mathematician extended Einstein's work to show our cosmos could have begun in a singularity - an infinitesimally small, infinitely dense point containing the entire universe.
Week 3	George Lemaitre: A Catholic priest who discovered the expansion of the universe two years before Edwin Hubble. Monsignor Lemaitre also proposed our cosmos began with a "primeval atom" - what we now call the big bang.
Week 4	Pascual Jordan: This unheralded physicist invented quantum field theory, the most accurate and strangest theory in the history of science.
Week 5	Fritz Zwicky: This cantankerous astronomer discovered dark matter, supernovae, neutron starts, galactic cosmic rays, and galaxy clusters.
Week 6	Joseph Kittinger: In an act of courage beyond all sanity, "try anything" Joe became the first human in space.

# Introduction to Social Media Hybrid

With Ms. Joan Nurse Wednesdays, 1-2:45 p.m. \$90

Course Description: Learn how to navigate in the Social Media World: Facebook, Twitter, Instagram, Pinterest, Snapchat, and others.

Weeks	Topics
Week 1	Facebook: You will learn how to connect with family and friends and other
	people you knowsharing pictures, sending messages, and getting updates.

Week 2	Twitter is a microblogging site that you use to send and receive messages from friends and family everyday exchanges, breaking news (sports and politics) Let's tweet back.
Week 3	Instagram is a social media network that helps users find information
	regarding social living and shared pictures and videos.
Week 4	Snapchat is a messaging platform that lets you communicate with friends
	and family- on your mobile app on your iPhone or Android smartphone.
	Users can send pictures or short videos, up to ten seconds long.
Week 5	Pinterest is your social media platform it allows users to visually share
	and discover new interests by posting images or videos online.
Week 6	Review all materials. Q&A.

# Spirituality in Our Lives In-Person Only

With Ms. Margarita Montemar

Wednesdays. 1-2:45 p.m.

\$80

Course Description: In this course, you will be presented with and we will discuss spiritual topics which help us live happier, wiser and more meaningful lives.

Weeks	Topics
Week 1	Definition and concept of Spirituality; Spirituality in the home, in the family,
	in the workplace and in our personal lives.
Week 2	Journey into the Inner self: Visiting the FEAR room, the LOVE room, the
	GIVING room and the PEACE room.
Week 3	The Letter of St. James. What we believe, what we say, what we do.
Week 4	Languages of Love. Wisdom Proverbs.
Week 5	Spiritual Laws of Success.
Week 6	Virtues for a happy life.

# Around the World with Anush In-Person Only

With Ms. Anush Dawidjan Wednesdays, 1-2:45 p.m. \$80

Course Description: Anush is one of the world's most traveled women. She has visited every country in the world and lived in Europe, Africa and Asia. In this class, you will learn about how she accomplished this incredible feat. She will share her many interesting travel stories.

Weeks	Topics
Week 1	How being a first generation American provided her some basic skills to
	allow her to travel extensively and on a budget.
Week 2	Anush's Living/Working Abroad experiences: England, Germany, Niger
	(West Africa), Japan, and Hong Kong.
Week 3	Favorite travel destinations: (including, Iran, Bhutan, Lord Howe Island,
	London, etc.).
Week 4	Travel challenges: North Korea, Soviet Union, Russia, Cuba, Iraq, Yemen,
	etc.
Week 5	Different travel options including: Around the world plane travel, ships,
	trains, and bicycles.
Week 6	Anush's future travel.

# Spanish Intermediate, Pt. B In-Person Only

With Ms. Susan Dow Wednesdays, 1-2:45 p.m. \$80

Course Description: Already know the basics of Spanish? This course is for you. We will focus on grammar, vocabulary development and speaking. You will continue to learn present perfect, past perfect tenses as well as subjunctive mode. All lessons will include extensive oral practice in real-life situations. Recommended that you have completed Spanish Intermediate, PT. A.

Required Text: *Basic Spanish*, Second edition, by Ana Jarvis, Raquel Lebredo & Francisco Mena-Ayllon. It can be purchased online through Amazon. Cost: Less than \$20.

# Women of Rock & Roll Zoom Only

With Mr. Robert Joyce Wednesdays, 1-2:45 p.m. \$80

Course Description: The 1970's was the decade that women earned their place in Rock and Roll as commercial, as well as critical partners, in the new art form. This course will feature the music and careers of Janis Joplin, Linda Ronstadt, Ann and Nancy Wilson from Heart, Christine McVie and Stevie Nicks of Fleetwood Mac, Tina Turner and more. Other honorable mentions will be presented as well. Learn how these women gave rise to some of the biggest selling albums in Rock and Roll.

Weeks Topics
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Week 1	Introduction: Janis Joplin (artist biographical sketch, music examples audio and video from PowerPoint).
Week 2	Linda Ronstadt (artist biographical sketch, music examples audio and video
	from PowerPoint).
Week 3	Ann and Nancy Wilson of Heart (artist biographical sketch, music examples
	audio and video from PowerPoint).
Week 4	Stevie Nicks and Christine McVie (artist biographical sketch, music
	examples audio and video from PowerPoint).
Week 5	Tina Turner (artist biographical sketch, music examples audio and video
	from PowerPoint).
Week 6	Bonus artist: Joni Mitchell. Summary.

# Dorothy Parker Zoom Only

With Mr. Eric Selby Wednesdays, 1-2:45 p.m. \$80

Course Description: Join us as we explore the writings of the quick-witted Dorothy Parker. Upon learning of the news that then-President Calvin Coolidge had died, Parker replied: "How do you know?" Noted for her quick wit, especially her one-liners, this member of the Algonquin Round Table in "the roaring twenties" wrote ruthless theater criticism, clever verses, and bittersweet short stories.

We will be reading from *The Portable Dorothy Parker* edited by Marion Meade.

# China: Then & Now Zoom Only

With Dr. Marsha Cohen Wednesdays, 1-2:45 p.m. \$80

Course Description: Since ancient times China has played a major role in regional political developments and in the global economy. For most of its history, "the West"- the term itself self-defining relative to China - has viewed China as both an opportunity and a threat. China's long history as a geographically and culturally dominant Asian superpower is viewed with more concern than curiosity. This course will explore the roots of Chinese culture, China's formidable economic role in world trade, and the social, cultural and political forces that have shaped China in the 20th and 21st centuries.

Weeks	Topics
Week 1	Ancient and Imperial China (2070 BCE-618 CE): Periodization of Chinese
	history from the Xia to the Sui dynasties. Chinese philosophy and religion.
Week 2	Tang to the Qing dynasties (618-1912).

Week 3	Competing Chinese Nationalisms.
Week 4	20th Century: From Civil War through World War II. Communist victory in
	mainland China.
Week 5	China in the Cold War. The Cultural Revolution. Power struggle after the
	death of Mao. Rapprochement with the West.
Week 6	China in the 21st Century.

# Constitutional Law Zoom Only

With Harvey Sepler, JD, PhD

# Wednesdays, 3-4:30 p.m.

\$80

Course Description: UM Law School Professor, Harvey Sepler, Esq., takes you through some of the more memorable and controversial decisions involving the United States Constitution. This is not a political class; rather, we will discuss how courts will likely analyze various constitutional issues.

# Looking at France through French Eyes In-Person Only

With Ms. Valerie Sutter Wednesdays, 3-4:45 p.m.

\$80

Course Description: In a series of three French films, this course proposes to examine the vastly different social and geographic diversity of French society. The class will watch three films in French (with English subtitles) by half segments and will discuss them thoroughly in English, following guidelines that direct the viewer's attention to various cultural factors.

**Note:** Movies will be watched in class and weekly handouts will be provided ahead of time.

Weeks	Topics
Week 1	Watch the first half of the film Jean de Florette, the quintessential film about
	Provence. Based on the 1962 novel by Marcel Pagnol, director Claude Berry
	brings the beauty and the tragedy of Provence to the forefront in this
	monumental film about land, money, and greed. Starring Gerard Depardieu,
	Daniel Auteuil, and Yves Montand, the movie is a winner of several awards,
	with beautiful cinematography and haunting music. An unforgettable
	picture of Provence, drawn lovingly but discerningly by one of its own.
Week 2	Watch second half of Jean de Florette. Discussion.
Week 3	Watch the first half of the film <i>Bienvenue chez les Ch'tis</i> . Up north, the
	region of France is known simply as "Le Nord." For centuries, this

	northern part of France was overrun by various nations and was one of the poorest regions of France as well. To dispel the stereotypes about the people and the land of the north, a beloved comedic actor from this region made this film to set the record straight about his homeland. A hilarious story based on the caricatures which the French themselves have of this region, the film explores various customs and traditions of this northern people with admiration and humor.
Week 4	Watch second half of Bienvenue chez les Ch'tis. Discussion.
Week 5	Watch first half of the film <i>Tu seras mon fils</i> ; discussion about key points. A fascinating family drama based in the Bordeaux wine region, the film explores the themes of the transmission of knowledge and savoir-faire, examines the importance of land and terroir, and questions the values of honesty and loyalty in a region known for its competitiveness and its conservative values. A riveting drama portrayed beautifully by outstanding actors, the film is both visually and emotionally powerful.
Week 6	Watch second half of <i>Tu seras mon fils</i> . Discussion.

# Freestyle Yoga Zoom Only

With Ms. Nina Ramos Wednesdays, 3-4 p.m.

#### \$80

Course Description: This class focuses on the postural foundation and alignment of the body. It is an introduction to yoga and the perfect one-hour class for the novice. **Note:** The student needs to be able to do yoga on a yoga mat and get up from the floor.

# How Race & Class Impact Our Children: Is a Quality Education Really Free? Zoom Only

# With Ms. Chanel Williams

Wednesdays, 3-4:45 p.m. \$80

Course Description: Our children go to school with the hope of achieving their dreams and fulling their purpose in life, just as their peers, and teachers do everything to help them reach this potential. But students who come from marginalized communities experience barriers that make it challenging to achieve this goal. This course dives into the systems of oppression that impact the educational outcomes of students. Participants will explore and reflect on their understanding and biases of the connection between poverty and education.

Weeks	Topics
Week 1	Introduction to poverty & Inequality - Defining poverty and understanding
	disparities.

Week 2	Impact of Poverty & Education - We will examine how poverty affects the
	social, emotional, and cognitive learning of students.
Week 3	Poverty, Discrimination, and Prejudice - A deeper dive into the intersection
	and social construct of poverty.
Week 4	Poverty, Discrimination, and Prejudice - A deeper dive into the intersection
	and social construct of poverty (continued).
Week 5	The Case of Student Z - Gain insight into the implications of poverty within
	the educational context.
Week 6	Roundtable Discussion & Closeout- Get your tea and biscuits and let's
	unpack some perspectives.

Thursdays: Classes begin on October 27, 2022

#### Discrimination in America: Race, Ethnicity & Religion Hybrid

With Dr. Michael Scheibach Thursdays, 10-11:45 a.m. \$80

Course Description: We will examine slavery from colonial America through 21st century America, with a focus on racial, ethnic, religious, and gender-based discrimination.

Weeks	Topics
Week 1	Slavery and racial discrimination in Colonial America.
Week 2	The Civil War, Reconstruction, and Jim Crow.
Week 3	Ethnicity, Race and Discrimination in the Progressive Era.
Week 4	The first Red Scare and Racial strife, 1918-1930.
Week 5	Race relations and Anti-Semitism, 1930-1970.
Week 6	A changing America in the 21 <sup>st</sup> Century.

# Spanish Reading & Conversation Intermediate Zoom Only

With Dr. Luis Carlos Fallon Thursdays, 10-11:45 a.m. \$80

Course Description: In this course, the emphasis will be on oral communication and vocabulary building using readings related to Hispanic culture.

Required Texts: *El arte de la conversación. El arte de la composición*, by Jose Luis S Ponce de Leon. We will continue to refer to *Basic Spanish*, 2nd edition, by Ana Jarvis, Raquel Lebredo & Francisco Mena-Ayllon as a guide. Both texts can be purchased online through Amazon. Cost: Less than \$20.

#### Beginner's French, Pt. 2 In-Person Only

With Ms. Blanca Silva Thursdays, 10-11:45 a.m. \$80

Course Description: In this course, you will continue to learn practical French for everyday situations like ordering at a café, making reservations, getting through the airport, etc. Essential grammar is also covered. We will continue to discuss French culture.

**Textbook:** Learn French, The Fast & Fun Way, (2014) and French Grammar for Beginners (Bibard).

# Postural Stability, Balance & Mobility Zoom Only

With Ms. Grisell Gonzalez

# Thursdays, 10-11 a.m.

\$80

Course Description: Sitting and standing with proper alignment improves blood flow, helps keep the nerves and blood vessels healthy, and supports the muscles, ligaments, and tendons. According to physical therapists, structural balance is by far the most important thing needed for injury-prevention. Mobility training can improve the range of motion in joints/muscles and can also assist in improving posture. In this class, we will work on strengthening the postural muscles, mobilizing the joints, and improving balance. Each week you will receive a protocol and a homework assignment to help you improve posture and balance.

Note: You will need a long TheraBand resistance band loop.

# Fit Mind: Evidence-Based Exercises for Your Brain Zoom Only

With Ms. Grisell Gonzalez

# Thursdays, 11a.m. – 12 p.m.

#### \$80

Course Description: The human brain is an organ that improves through mental stimulation. This class will offer a mental and physical workout to sharpen your brain, improve concentration, and coordination. Classes incorporate elements from Yoga Therapy, Physical Therapy, Occupational Therapy, and other modalities. Some of the

techniques offered include neurobic brain exercises, brain gymnastics cross-lateral movement, and bilateral integration exercises. Each week you will receive a protocol and a homework assignment to help you improve brain function.

Note: You will need a long TheraBand resistance band loop.

# Triumph and Tragedy: The Lives of Great Men Zoom Only

With Mr. Robert Dawson

Thursdays, 1-2:45 p.m.

\$80

Course Description: See history come to life with Robert Dawson. In this historical recreation, you will see, hear and learn about the lives of famous (and infamous) men. Part History Channel, part theater, it is an enjoyable and engaging way to learn history.

Weeks	The Greatest
Week 1	King Gustavus Adolphus (1594-1632), Sweden's Greatest King.
Week 2	Jonathan Wild (1683-1725), The Greatest Thief- Taker General.
Week 3	Thomas Paine (1737-1725), The Greatest Revolutionary Firebrand.
Week 4	Voltaire (1694-1778), The Greatest Scathing Wit/Philosopher.
Week 5	The Count De Saint Germaine (1710-1784?), The Man Who Lived Forever.
Week 6	Saint Nicholas (270 AD – 343 AD), On the Traditions of Christmas.

**Note**: Occasionally, unexpected circumstances may arise that require a character listing to be changed.

**Ernest Hemingway - Enigmatic Writer & His Controversial Life (cont.)** *Hybrid* With Ms. Jeannie DeQuine

Thursdays, 1-2:45 p.m.

\$80

Course Description: Continue to get to know Ernest Hemingway (1898 to 1961). We will see how Hemingway, "the man" was so much more complicated than Hemingway, "the writer." We will examine Hemingway, "the adventurer," the womanizer," and "the warrior." We will discuss his writing style and his ideas on writing.

Active member participation is encouraged. Students who wish can try their hand at writing a tiny piece in Hemingway style for fun!

Weeks	The Greatest
Week 1	Examine Hemmingway, the adventurer, through bullfights and jungles.

Week 2	Discuss why Hemmingway, the womanizer, married four times and could
	write from the point of view of a woman.
Week 3	Examine Hemingway, the warrior, and his dual personality.
Week 4	Look at the writing of The Sun Also Rises.
Week 5	Explore Hemingway's ideas on writing.
Week 6	Discuss A Very Short Story and A Clean, Well-Lighted Place. Read from Paris
	Review Interviews from Writers at Work. Optional: Hills like White Elephants.

# Acrylic Painting, Intermediate/Advanced In-Person Only

With Ms. Anita Klimek

Thursdays, 1-2:45 p.m.

\$125

Course Description: Painting with acrylics can be great fun. Acrylics allow the artist to jump in and push the medium to its limits. Come and experience the fun, ease and lack of boundaries this medium and class have to offer. There will be time in class to work on your projects, while you receive instruction in perspective, composition, lead-ins and critiques. You will be painting in the first class. **Note:** This class is geared toward intermediate and advanced painters. Please bring all supplies to all classes.

#### Improvisation, 101 In-Person Only

With Ms. Randy Letzler Thursdays, 1-2:45 p.m. \$80

Course Description: In this course, you will be inspired to think quickly, use your creativity, and have fun. Each class will have a different theme, enabling the student to broaden his/her horizons through movement and speech. The class is limited to 10 students.

Weeks	Topics
Week 1	Introduction – What is improvisation?
Week 2	Warm-up exercises to open the mind and get the body moving.
Week 3	Warm-ups and two person improvs.
Week 4	Warm-ups and group improvs.
Week 5	Warm-ups – Object improvisations.
Week 6	Friends and Family invited to join.

# Advanced Conversation on Current Topics in Spanish Culture Zoom Only

With Dr. Luis Carlos Fallon Thursdays, 1-2:45 p.m.

#### \$80

Course Description: This course is designed for advanced Spanish speakers who would like to improve their conversational skills. The class will utilize exercises that allow you to practice oral, writing, and listening skills. The course requires active participation.

**Note:** Course materials will be provided by the instructor. This course is taught entirely in Spanish.

# Italian Intermediate, Pt. D Zoom Only

With Ms. Simona Bai Thursdays, 1-2:45 p.m. \$80

Course Description: This course is designed for students that have already completed all levels of Italian Basic and Italian Intermediate A-C or for those who feel comfortable with basic-intermediate Italian grammar. We will continue to study grammar. This course is designed for those students who understand how important the study of grammar is to attaining fluency in a language.

Required Text: Sentieri, 1st Edition, by Julia Cozzarelli, Cost: \$40-45.

# A History of Classical Arabic Literature, Pt. 2 Hybrid

With Dr. Daniel Rivera Thursdays, 3-4:45 p.m. \$80

Course Description: This course will continue to focus on the wide variety of pre-modern Arabic social and cultural life, where secular texts flourished alongside religious ones. Arabic literature emerged in the 5th Century, with only fragments of the written language appearing before then. The tradition of Arabic literature stretches back some 16 centuries to unrecorded beginnings in the Arabian Peninsula.

The rapid spread of the Islamic faith brought the original literary tradition of the Arabian Peninsula into contact with many other cultural traditions- Byzantine, Persian, Indian, Amazigh (Berber), and Andalusian, to name just a few – transforming and being transformed by all of them.

Weeks	Topics
Week 1	Arab literature in the Golden Age of Islam.
Week 2	Continuation of Arab literature in the Golden Age of Islam.
Week 3	Decadence and Literature.
Week 4	Al-Andalus and Moorish literature.
Week 5	The literature of The Nahda, women and the Mahyar.

Week 6 Continuation of the literature of The Nahda, women and the Mahyar.

Chair Yoga Zoom Only With Ms. Nina Ramos Thursdays, 3-4 p.m.

#### \$50

Course Description: Also known as seated yoga, *Chair Yoga* is ideal for the desk-bound, travelers, golfers, and those in rehabilitation or physically challenged. *Chair Yoga* will introduce you to a series of the most effective yoga stretches, all done from the comfort of your chair. You do <u>not</u> need to stand up to reap the benefits of yoga. This unique program is offered in one-hour segments of seated stretching and deep breathing to help maintain or build strength and flexibility while relieving the stress and tension associated with sitting for too long.

#### Philosophy of Social Justice Hybrid

With Dr. Santarvis Brown Thursdays, 3-4:45 p.m. \$80

Course Description: This course is an introduction to both the most important recent theories of social justice/philosophy and their application to real-life problems. We will examine justice in health care, justice between generations, and the problems of global poverty, climate change and population policy.

Weeks	Topics
Week 1	Health Care Justice: COVID 19/ Health Disparities; Affordable Healthcare.
Week 2	Justice between Generations: Discrimination - Voting Rights, Hate-Crimes.
Week 3	Global Poverty: Haves vs. Have-nots, World's Economy.
Week 4	Environmental Justice: Climate Change - Water Pollution and Air Pollution.
Week 5	Educational Justice: Free Community College; No Child Left Behind, New
	Age Educational Accountability.
Week 6	Justice For All: Where Do We Go From Here?

# Advanced French Zoom Only

With Dr. Daniel Vitaglione Thursdays, 3-4:45 p.m. \$80

Course Description: Have you completed all levels of French Basic and Intermediate, or are you comfortable with French grammar and conversation? Then, this course is for you! In each class, you will practice your conversation skills, learn new vocabulary, review grammar, and discuss French culture. The class is taught entirely in French.

**Note:** Readings and grammar points change every session. The instructor will provide the readings.

# Italian Basic Conversation & Grammar Zoom Only

With Ms. Simona Bai Thursdays, 3-4:45 p.m. \$80

Course Description: This course is designed for students who have already attended all levels of Italian grammar or for those who can use all tenses. The course is taught entirely in Italian and is structured in two parts: 1) reinforcing grammar knowledge, 2) starting to speak, and putting into practice everything learned.

Required text: Sentieri, 1st edition by Julia M. Cozzarelli.

# Fridays: Classes begin on October 28, 2022

# Filling in the Gaps: Mendelssohn, Schumann and Chopin Zoom Only

With Dr. Judith Etzion Fridays, 10-11:45 a.m. \$80

Course Description: The composers below were selected following the frequent references to their works during the lectures on Pauline Viardot, Fanny Mendelssohn-Hensel, and Clara Schumann in the recent Filling in the Gaps II. Join us even if you did not attend those lectures.

Weeks	Topics
Week 1	General Introduction. Felix Mendelssohn: background and early works.
Week 2	Mendelssohn (cont.): works associated with the "revival" of JS Bach. The Violin Concerto.
Week 3	Mendelssohn (cont.): Italian Symphony. Introduction to Robert Schumann's works.
Week 4	Robert Schumann (cont.): Select chamber and orchestral works.
Week 5	Frederic Chopin: The integration of multiple stylistic strands in his piano works.
Week 6	Frederic Chopin (cont.): Solo piano works and two piano concertos.

# American Film Comedies Zoom Only

With Dr. Sylvie Vitaglione Tuesdays, 10-11:45 a.m. \$80

Course Description: This course examines film comedy as a means for reflecting, critiquing, and processing various aspects of American society, politics, and culture. We will study the codes, conventions, and effects of various subgenres of American film comedy from the 1920s to the 1970s, including slapstick, screwball, romantic, satirical, and parodic comedy. We will explore how each film genre has tackled serious subjects while entertaining audiences and helping them cope with life and the rapidly changing world around them. Whether you are reviewing the classics or discovering new favorites, learn while laughing with your classmates!

Weeks	Topics
Week 1	Silent Film Comedy: One Week (Buster Keaton & Edward F. Cline,
	1920, 25 min.) & The Music Box (James Parrott, 1932, 30 min.).
Week 2	Charlie Chaplin: Modern Times (Charlie Chaplin, 1936, 89 min.).
Week 3	Screwball Comedy: His Girl Friday (Howard Hawks, 1940, 92 min.).
Week 4	Cross-Dressing and Masquerade: Some Like It Hot (Billy Wilder,
	1959, 122 min.).
Week 5	Parody: Blazing Saddles (Mel Brooks, 1974, 95 min.).
Week 6	Romantic Comedy: Annie Hall (Woody Allen, 1977, 93 min.).

# SIG: Current Events Zoom Only

With Mr. Haim Karp Fridays, 12-12:50 p.m.

# Free for OLLI members

Course Description: Would you like to discuss current events within a smaller group? Do you share the same passions as other OLLI members on certain national or global topics? Participants in this club should prepare for meetings by brushing up on current topics in the news frequently, bringing not only opinions to the table, but verified facts as well.

# Comical Moments in Music & Dance, Pt. 2 Zoom Only

With Dr. Manuel Prestamo Fridays, 10-11:45 a.m.

\$80

Course Description: Continue laughing with us as we watch new skits and bloopers with Victor Borge, Tom and Jerry, Luciano Pavarotti, Carol Burnette, Fred Astaire, Julie Andrews, Spike Jones, Whoopie Goldberg, and many others.

Weeks	Topics
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Week 1	Classical music fails and bloopers.
Week 2	Die Walküre and other opera disasters.
Week 3	More unforgettable moments with Victor Borge and guests.
Week 4	Oldies but goodies: Carol Burnett, Fred Astaire, Julie Andrews, Spike Jones,
	Whoopie Goldberg, and others.
Week 5	More incredible fails and bloopers.
Week 6	Music Parodies of Covid by Shirley Serban and Chris Mann - Guaranteed to
	make you laugh.

# El Boom LatinoAmericano Zoom Only

With Ms. Maribet Echagarruga Fridays, 3-4:45 p.m. \$80

Course Description: In the 1960s and 1970s, literature by Latin American authors became widely popular and read around the world. The works from this period are well-known for employing the literary technique of magic realism, where the fantastical coexists with everyday realities. Many of them also express social criticisms. One of the distinguishing characteristics of the works are their vivid depictions of settings that allow readers to experience the sights, sounds, customs, and traditions of Latin America.

**Note**: This <u>class is taught entirely in Spanish</u>. It is recommended that you be a native Spanish speaker or have completed at least an intermediate level of Spanish before taking this course. Instructor will provide students with all course materials.

Weeks	Topics
Week 1	Students will analyze the components of literary works - Borges y Yo, Jorge
	Luis Borges; El Sur, Jorge Luis Borges) and how they relate to their social,
	cultural, and historical contexts - "Nueva Narrativa Latinoamericana", Juan
	Perón, Argentina, magical realism, duality of being, introspection, stories do
	not follow a chronological order, reader plays an active role in the story),
	discussion of literary terms present in the stories "narrador en primera
	persona, ambigüedad, perspectiva, paradoja, narrador omnisciente, imagen,
	prefiguración, trama, desdoblamiento".
Week 2	Students will analyze the components of literary work - No Oyes Ladrar Los
	Perros, (Juan Rulfo) and how it relates to its social, cultural, and historical
	contexts - "Post Mexican Revolution, magical realism, role of family, job
	inequalities, interpersonal relationships), discussion of literary terms present
	in the story "narrador omnisciente, diálogo, tono, prefiguración, ambiente,
	atmósfera".

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Week 3	Students will analyze the components of literary work - <i>Chac Mool</i> , (Carlos Fuentes) and how it relates to its social, cultural, and historical contexts -
	"Mexican culture and identity, magical realism, time and space, power
	struggle in relationships, character transformation), discussion of literary
	terms present in the story "realismo mágico, ambigüedad, desdoblamiento,
	flashback, personificación, atmósfera, prefiguración, símbolo, suspenso".
Week 4	Students will analyze the components of literary work - La Noche Boca
	Arriba, (Julio Cortázar) and how it relates to its social, cultural, and
	historical contexts - Mexican identity, "Guerras Floridas", magical realism,
	relationship between time and space, construction of reality), discussion of
	literary terms present in the story "ambigüedad, desdoblamiento, flashback,
	ambiente, atmósfera, sinestesia, suspenso.
Week 5	Students will analyze the components of literary works - <i>La Siesta del Martes</i> ,
WOOK 5	Gabriel (García Márquez) and El Ahogado más Hermoso del Mundo, Gabriel
	(García Márquez) and how they relate to their social, cultural, and historical
	contexts - Colombia, magical realism, family relationships, socioeconomic
	differences, patriarchal system, interpersonal relationships, character
	transformation, myths vs reality), discussion of literary terms present in the
	stories "descripción, ambiente, flashback, diálogo, narrador, observador,
	realismo, verosimilitud, hipérbole, desdoblamiento.
Week 6	Students will analyze the components of literary work - Dos Palabras, (Isabel
	Allende), and how it relates to its social, cultural, and historical contexts -
	Dictatorship Augusto Pinochet, Chile, women through history, love, social
	class inequality), discussion of literary terms present in the story, "ambiente,
	atmósfera, flashback, diálogo, narrador omnisciente, hipérbole, crónica,
	gradación, trama, desenlace.
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# How to Tidy Up & Get More Done Zoom Only

With Ms. Jamie Novak Fridays, 3-4:45 p.m. \$80

Course Description: How to get more done – without getting overwhelmed. This program is for you if you have a lot of de-cluttering to do or if your to-do list is two pages long. During this interactive workshop, you will learn: How to find more time; What to de-clutter first; and How to stop procrastinating. We will create an action plan which will give you a sense of calm about your organizing projects and never-ending "to-do" list.

Weeks	Topics
Week 1	Decluttering the bathroom.
Week 2	Decluttering the kitchen.
Week 3	Decluttering the living room.

Week 4	Decluttering the clothes closet.
Week 5	Decluttering the paperwork.
Week 6	Decluttering the treasures and collections.

#### **MEET YOUR INSTRUCTORS**

\*Expanded biographies can be found on our website: Who is teaching my class?

**Mr. Emanuel Abramovits** is a native of Venezuela and received his MBA from the Universidad Catolica Andres Bello.

**Ms. Simona Bai** is a native of Italy and has a Bachelor's Degree in Education from the University of Bologna in Italy.

**Ms. Margie Bauer** is a botanical and scientific illustrator, a "zendoodler" and a teacher in watercolor, pen and mixed media.

**Dr. Santarvis Brown** has a BA in Religion and Philosophy from Florida Memorial University, a Masters in Divinity from Payne Theological Seminary, a PhD in Education from California Coast University and a JD from Purdue University Global. He is currently a lecturer at Cornell University.

**Dr. Batia** Cohen has a PhD in Mesoamerican studies from the Universidad Nacional Autónoma de México and a BA in Graphic Design from the Universidad Metropolitana in Mexico City. She has taught in Florida for the past 15 years and is a published author.

**Dr. Marsha B. Cohen** is a lecturer, educator, independent scholar, news analyst, and writer in Miami, FL. She

earned her PhD in International Relations at Florida International University.

**Mr. Robert Dawson** is a BFA graduate of the University of Wisconsin – Milwaukee. Mr. Dawson creates and performs historic characters in the "Triumph and Tragedy" series.

**Ms. Jeanne Dequine** is an experienced journalist for *Time*, *Newsweek* and *People* magazines. She has graduate degrees from Columbia Graduate School of Journalism and Florida International University.

**Mr. Richard Denis** has a Master's of Arts in Latin American Studies from the University of Florida and a Bachelor's in International Relations/Political Science. He is currently a PhD Candidate in Atlantic History at Florida International University, specializing in Latin American and Caribbean history.

**Mr. Alan Dietz** is an active OLLI member who graduated with a BA and MA in history at the University of Miami, where he taught American and world history as a graduate teaching assistant.

**Ms. Susan Dow** has taught adults for over 20 years. She is a retired director of adult education at Miami-Dade College.

**Mr. Armando Droulers** is an artist, art historian and educator. He studied at Bard College, Academia de Arte Federico Brandt, New World School of the Arts and the University of Florida.

**Ms. Maribet Echagarruga** has a Bachelor's in Business Administration. She is a certified teacher and has been teaching AP Spanish at Immaculata-La Salle High School since 2017.

**Mr. Mark Egdall** is the award-winning author of the popular science book *Einstein Relatively Simple: Our Universe Revealed in Everyday Language*. He is a retired aerospace program manager.

**Dr. Judith Etzion** received her doctoral degree in musicology from Columbia University, and has enjoyed a distinguished career as a scholar, performer, and university professor in the US, Israel, and Spain.

**Dr. Luis Carlos Fallon** has a Doctorate of Law, Political and Social Sciences from the Universidad Nacional, Bogota, Colombia. Dr. Fallon has published five books and has taught Spanish language and literature for over 40 years.

**Ms. Grisell Gonzalez** studied under Tai Chi Master, Tony Garcia, and Certified Tai Chi for Health by Dr. Paul Lam - The Yang 24, Sun Tai Chi for Arthritis I/II, Sun/Chen Tai Chi for Energy and Qi Gong. She is a certified yoga instructor.

**Mr. Leslie Gross** graduated from Harvard College and Harvard Law School. He taught Social Institutions at Miami Dade College while working at Greenberg Traurig.

**Dr. Cynthia Halpern**, has taught Ethics and Public Policy for over 30 years at Princeton University and Swarthmore College. She is an associate professor emeritus at Swarthmore College and a published author of Political Theory.

**Ed Harper, PhD**, is an active OLLI member who earned a BA with honors from Principia College in Government and Foreign Affairs and a PhD from the University of Virginia.

**Mr. Robert Joyce** is an accomplished composer, producer, and author. He has served as the Executive Director for the Rapid City Arts Council as well as the Sioux Falls Jazz & Blues Society.

**Mr. Haim Karp** has been an OLLI member for the past 10 years, after retiring from a Financial Services company.

**Ms. Susan King** is an OLLI member who enjoys leading and facilitating the Book Club.

**Ms. Anita L. Klimek** is an illustrator, graphic artist, freelance artist, layout artist, art director and art teacher.

**Ms. Janet Krutchik** is an active OLLI member who enjoys leading the "In the News" Special Interest Group. She is a retired educator with experience teaching film.

**Dr. Nancy Lawther**, has a doctorate in French from Yale University. A long-

time French instructor at OLLI, she shifted her focus several years ago to coincide with her passion for public education advocacy. She has frequently represented the Florida PTA in Tallahassee and is widely known to members of the Dade Legislative Delegation.

**Ms. Phyllis Levy** is an active OLLI member who participated in the PhD Cinema Studies program at the University of Miami and belongs to several film discussion groups and has facilitated her own film group for the past three years. She is a retired librarian who managed the Kendall Branch Library for 18 years.

**Ms. Randy Letzler** is a professional actress, dancer, choreographer and director. She is a member of Actor's Equity and has directed choreographed shows for numerous universities and off Broadway productions.

**Ms. Ronnie Londner** has a BA in Political Science from Long Island University, and a MEd in Community Psychology from the University of Miami.

**Ms. Victoria (Vicki) Luther** is an OLLI member who retired from a multi-national company oversees and ever since has been producing "stories that matter" on film.

**Dr. Peter Luykx** received his PhD from the University of California (Berkeley). He has published scientific papers in the areas of general genetics, human analysis and evolution. **Ms. Alicia Menendez-King**, is a UM graduate with a double major in French and English and received an MA from the University of North Carolina at Chapel Hill in French. Ms. Menendez-King studied in France and lived in Bordeaux.

**Mr. Brian Murphy** is a pianist, composer, clinician, instructor and arranger who has recorded and performed extensively in the U.S., Canada, and around the world. He has guided Honors Jazz Ensembles in the development of their music related skills.

**Ms. Jamie Novak** has an AA in Communications and has been working as an "expert organizer" since 1997. She is a freelance writer and bestselling author about organization.

**Dr. Magda Novelli-Pearson** received her doctorate in Modern Languages from Middlebury College in Vermont and is presently an Italian instructor at Florida International University. She has been the Educational Director for O.D.L.I. (Organizzazione Per La Diffusione Della Lingua Italiana) since 2013.

**Dr. Manuel Prestamo** earned his PhD and MA from New York University in higher education and arts administration. Dr. Prestamo is an internationally recognized symphony orchestra conductor and has extensive experience in all areas of music. He is presently an adjunct faculty at Florida International University.

**Ms. Joan Nurse** is a Corporate Trainer. She trained in various computer systems at AT&T and FedEx, domestically and internationally. In addition, she has extensive experience in Microsoft and Macintosh.

**Ms. Nina Ramos** graduated with a BA in humanities and art from the *Escuela de Artes Visuales Cristobal Rojas*, in Venezuela. She is a life coach, medical assistant, and licensed massage therapist.

**Ms. Janie Reisler** has been a creative consultant from 2010 to the present. She has a Bachelor's in Art history and a diploma in Graphic Design.

**Dr. Daniel Rivera** is an expert on international relations and Middle Eastern history and politics. Dr. Rivera holds a PhD in Arabic and Islamic Studies and an MA in International Relations and Diplomacy.

**Ms. Susan Rosenthal** is a retired M-DCPS teacher. Susan attained her masters in Reading and is also certified by the National Certification Council for Activity Professionals as an activity consultant.

**Dr. Michael Scheibach** has a PhD in American studies and is the author of four books on the Atomic Age. He has 20 years of experience as an adjunct professor of American history.

**Mr. Eric Selby** has taught English and directed drama for over 30 years. He holds a MA in English from Middlebury College's Bread Loaf School of English and has attended the University of Vermont and St. Michael's College for additional graduate work. Harvey J. Sepler, JD, PhD received his JD from the University of Miami and is a seasoned appellate attorney having personally litigated over 1,400 civil and criminal appeals spanning a 32-year career. He is a Fellow in the American Academy of Appellate Lawyers.

**Ms. Blanca Silva** has a Masters in Modern Languages and a BA in French and Spanish Literature. She taught French at Miami Coral Park High School for 17 years.

Dr. Daniel Vitaglione obtained a BA and degrees master's in English and psychology from the University of Aix-Marseille and a master's degree in Comparative Philosophy from the University of Hawaii. He was awarded his PhD in English and Comparative Literature at St. Andrews in the UK. He is the author of several books.

**Dr. Sylvie Vitaglione** holds a PhD in Cinema Studies from New York University and an MA in Film Studies from University College, London.

**Ms. Channel Williams** has a Master of Arts in Public Administration from Florida International University and a Specialist Degree in Special Education from the University of Florida. She has been an ESE Facilitator for the Broward County Public Schools since 2008.

**Mr. Arthur Young** has coached and refereed youth sports and officiated high school and small college football for 43 years. He was a member of the Miami

Dolphins, University of Miami and Orange Bowl games' chain crew.

**Ms. Josie Zomerfeld** attended Miami-Dade College and Barry University, obtaining a degree in Liberal Arts. She retired as a manager from AT&T.

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A special thanks to the OLLI Art class members whose fine works of art were chosen to be displayed in this Catalog.